

**Children's Physiotherapy
Discharge/Re-referral advice for
Children with Long Term Conditions**

Physiotherapy Service

To be provided at pre-discharge appointment

Your Child's Physiotherapist will discuss and plan your child's discharge with you prior to their actual discharge date from the Children's Physiotherapy Service.

The Children's Physiotherapy service aims to provide support for your child in a timely, effective and efficient way. We aim to support the child and the family in self-management when your child does not require active physiotherapy treatment.

We know that as a parent/carer of a child with a long-term condition you have developed considerable knowledge and expertise in managing your child's condition and what they are able to do. You usually know when their physical condition has deteriorated and when you need support from a physiotherapist to help manage this.

When you feel support from the physiotherapy service is required for the same condition that your child was initially seen by physiotherapy for, you can either:

- Contact your GP or another health professional who is involved in your child's care for a new referral
- Or you can self-re-refer

If your child presents with a new physical condition that is unrelated to their long term physical needs and you feel a physiotherapy assessment may be required you will need to get a new referral from a health care professional.

If you would like to refer your child back to the Children's Physiotherapy Service or would like any physiotherapy related advice about your child you should contact the telephone number indicated below.

A physiotherapist will discuss your questions or concerns with you and support you to decide on the most appropriate course of action which may include:

- Providing you with advice on the telephone
- Directing you to another more appropriate professional
- Offering you a review appointment with the Children's Physiotherapy Service. The physiotherapist will prioritise the re-referral as urgent or

routine depending on your child's need at this time and this will dictate when an appointment date is given

The Physiotherapist may need to gather further information about your child's needs from other professionals involved in your child's care to make the most appropriate decision on the best management of your child at this time.

If you have any questions or concerns about your discharge please discuss these with your physiotherapist at the time of discharge.

DISCHARGE INFORMATION FOR PARENT/CARER

Name:	
Address:	
Hospital Number:	
Date of Discharge:	
Discharging Children's Centre:	
Contact Number to ring:	
Advice on Discharge:	
Other relevant information, services or contract numbers	
Name of Physiotherapist:	
Signature of Physiotherapist:	
Date:	

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