

GIG
CYMRU
NHS
WALES

Bwrdd Iechyd Prifysgol
Aneurin Bevan
University Health Board

A conversation *for a* healthy future

THE NEXT 10 YEARS



We need your help



We are working on a ten year plan to make healthcare better in Gwent.



We need you to help us understand how we can make our services better.

Our Population



We want everyone in Gwent to live long, healthy lives. But not everyone has the same chance. Some areas have lower life spans.

If we don't change that, there will be too many people needing help for the NHS to manage.



Many illnesses such as cancer, liver disease and heart disease can be avoided.

Small changes in how we live can really make a big difference.



Having good jobs, healthy food, parks and outdoor spaces, affordable homes, and time with loved ones all play a big role in keeping us happy and healthy for longer.

Our Workforce

Most people that work for our Health Board live in this area.



More older people are living in our area now and fewer young people. This will keep happening, with even fewer young people starting work. We have more older staff than younger ones.



There aren't enough people for all healthcare jobs, and more jobs are empty.

In the future, we won't have enough people to do all the work we do now.



Half of new doctors are from other countries. We need more local people to keep things steady in the future.

Care work is changing because of new technology, better medicine, and different ways of working. As employers, we have to change too.

Our Performance

We give great care to many patients, but we need to get better.



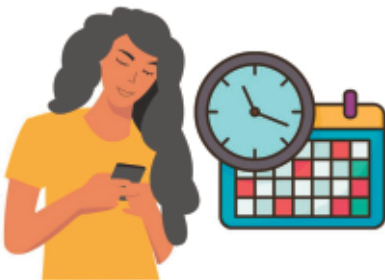
At the start of 2024, more than 35,000 people waited over 36 weeks for appointments and treatments.



We have made some emergency care better but ambulance waits are not quick enough.



People stay in our hospitals too long. A lot are ready to leave but can not because they need help at home. This adds time to their hospital stay, which isn't good for their health.



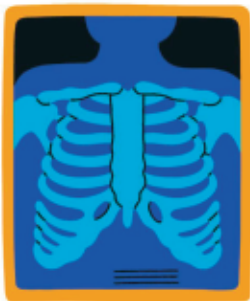
A lot of people struggle to get to see a GP and with community support.

We are working on it, but there is still a lot to do.

Technology and Science



New technology is changing how we live. Many people use smartphones and tablets every day. Technology is already a big part of our lives.



Computer programmes read x-rays, monitors in peoples homes can help caregivers, and new treatments fight cancer.



Healthcare adds to climate change by using a lot of energy and making a lot of waste.



To help, healthcare should use cleaner energy, make less pollution, and reduce waste.

Our Resources



Healthcare costs a lot of money. The Health Board's budget is £1.7 billion, which is 7.5% of what the Welsh Government spends.

We need to change how we spend this money because our population is changing.



We should spend more on stopping illnesses and on services like GPs, Pharmacies, Dental, and Opticians.

Also, putting specialist services together in one place can save money and make services better.



Staying healthy is not just about going to the doctor or hospital, that is only a part of it.



If we spend more on things like cleaning up the environment, making schools better, and helping communities, everyone can be healthier.

What are we already doing?



We have already done a lot of work to improve healthcare services.

We opened the Grange University Hospital early, which helped us fight infections during Covid-19.

A new Health Centre in Tredegar and a Breast Centre in Ystrad Mynach are open.

New urgent care services like the Same Day Emergency Care unit are helping patients get appointments faster.

We are working closely with local authorities to help make health and social care better.



In the pandemic, we quickly set up vaccination, testing, and tracing services for everyone.

We are working to be kinder to the environment.

Question



We know we don't have all the answers to make our system better. We need your help to figure out what areas to focus on.

Please could you answer this question:

'What's important for you to feel healthy?'



You can send your answer by scanning in this QR code and filling in the form.





This booklet was made by Aneurin Bevan University Health Board.
Please visit our website if you would like this booklet in a different format or language
<https://abuhb.nhs.wales/>