How to retube your earmould: Standard tubing

Your earmould should be retubed every 4 to 6 months

1. Pull the old tubing out of the mould and keep it. Taper the last inch of the new tubing. **2.** Thread the tapered end through from the outside of the mould. **3.** Pull the tubing through the mould until the tapered end has passed right through and the other end is flat against the outside of the mould. 4. Cut off the tapered end as close to the mould as possible. **5.** To adjust the tubing to the right length, place the mould in your ear and the hearing aid over your ear; ask somebody to mark the tubing just past the end of the hearing aid hook, then remove the mould and cut the tubing at this point. OR use the old piece of tubing as a guide: hold it against the mould and cut the new tubing to the same length. **6.** Squeeze the top of the tube and fit it over the end of the hearing aid hook.