



# Graceful Remembrance

A space for grieving hearts to come together, move, and feel free.

Grief can be heavy. So, we're making space for something different. For a couple of hours, we invite you to join us, where grief and joy are both welcome. No pressure, no expectations—just music, movement, and connection with others.



**When:** Friday 25<sup>th</sup> July 2025

**Time:** 19:00pm-22:00pm

**Where:** Croesyceiliog Rugby and Cricket Club,  
The Highway, Cwmbran, Gwent, NP44 2HJ

Whether your loss is recent or long ago, you're welcome here. You don't have to talk. You don't have to dance. You can just be. But if you do feel like expressing something through movement, we'll be sharing space on the dance floor in honour of those we've loved and lost—and in honour of ourselves.

This is your space, and you are not alone.

To book your ticket, visit:

Eventbrite and search for Graceful Remembrance



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