



# Graces Place

**A safe space for support and connection.**

**Join us every month for a cup of tea/coffee in a welcoming environment where you can share, listen or simply be present with others who understand.**

**This is for anyone experiencing grief whether recent or long standing. There is no pressure to talk-just a space to be together.**

**When: 1<sup>st</sup> Thursday of every month**

**Time: 11:00-13:00**

**Where: Wellbeing Information Centre,  
Abergavenny, NP7 5NE**

**When: 2<sup>nd</sup> Thursday of every month**

**Time: 10:00-12:00**

**Where: Ebbw Vale Adult Education  
Centre, James Street, Ebbw Vale,  
NP23 6JG**

**When: 3<sup>rd</sup> Thursday of every month**

**Time: 10:00-12:00**

**Where: Community Cabin, Chepstow,  
Community Hospital, Tempest Way,  
Chepstow, NP16 5YX**

**When: 4<sup>th</sup> Thursday of every month**

**Time: 10:00-12:00**

**Where: The Riverfront, Kingsway,  
Newport, NP20 1HG**

**When: 2<sup>nd</sup> Friday of every month**

**Time: 10:00-12:00**

**Where: Caerphilly Library, The Twyn,  
Caerphilly, CF83 1JL**

**When: 4<sup>th</sup> Friday of every month**

**Time: 10:00-12:00**

**Where: Cwmbran Library, Gwent  
House, Gwent Square, Cwmbran, NP44  
1PL**

**For more information contact:**

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