



Caerphilly

Caerphilly Library
 The Twyn
 Caerphilly
 CF83 1JL

Date	Time
3 October 2025	10:30 am – 12:30 pm
7 November 2025	10:30 am – 12:30 pm
5 December 2025	10:30 am – 12:30 pm
2 January 2026	10:30 am – 12:30 pm
6 February 2026	10:30 am – 12:30 pm
6 March 2026	10:30 am – 12:30 pm
10 April 2026	10:30 am – 12:30 pm
1 May 2026	10:30 am – 12:30 pm
5 June 2026	10:30 am – 12:30 pm
3 July 2026	10:30 am – 12:30 pm
7 August 2026	10:30 am – 12:30 pm
4 September 2026	10:30 am – 12:30 pm
2 October 2026	10:30 am – 12:30 pm
6 November 2026	10:30 am – 12:30 pm
4 December 2026	10:30 am – 12:30 pm



Newport

Rivermead Centre
Fuscia Way
Rogerstone
Newport
NP10 9LZ

Date	Time
23 September 2025	12:30 pm – 2:30 pm
25 November 2025	12:30 pm – 2:30 pm
27 January 2026	12:30 pm – 2:30 pm
24 March 2026	12:30 pm – 2:30 pm
26 May 2026	12:30 pm – 2:30 pm
28 July 2026	12:30 pm – 2:30 pm
29 September 2026	12:30 pm – 2:30 pm
24 November 2026	12:30 pm – 2:30 pm



Monmouthshire

Sedbury Space
King Alfreds Road
Sedbury
Chepstow
Monmouthshire
NP16 7AG

Date	Time
7 October 2025	12:30 pm - 2:30 pm
15 October 2025	6:30 pm – 8:30 pm
4 November 2025	12:30 pm - 2:30 pm
19 November 2025	6:30 pm – 8:30 pm
2 December 2025	12:30 pm - 2:30 pm
17 December 2025	6:30 pm – 8:30 pm
6 January 2026	12:30 pm - 2:30 pm
21 January 2026	6:30 pm – 8:30 pm
3 February 2026	12:30 pm - 2:30 pm
18 February 2026	6:30 pm – 8:30 pm
3 March 2026	12:30 pm - 2:30 pm
18 March 2026	6:30 pm – 8:30 pm



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17 June 2026	6:30 pm – 8:30 pm
7 July 2026	12:30 pm - 2:30 pm
15 July 2026	6:30 pm – 8:30 pm
4 August 2026	12:30 pm - 2:30 pm
19 August 2026	6:30 pm – 8:30 pm
1 September 2026	12:30 pm - 2:30 pm
16 September 2026	6:30 pm – 8:30 pm
6 October 2026	12:30 pm - 2:30 pm
21 October 2026	6:30 pm – 8:30 pm
3 November 2026	12:30 pm - 2:30 pm
18 November 2026	6:30 pm – 8:30 pm
1 December 2026	12:30 pm - 2:30 pm
16 December 2026	6:30 pm – 8:30 pm



Cancer Services website

For more information about future Cancer Cafés or to learn about other support that is available, scan this QR code or visit:

abuhb.nhs.wales/cancer