



Carers Wales Roadshows Online live events 25th November 2020

Agenda

In celebration of Carers Rights Day on 26th November, Carers Wales is hosting a series of online events. The events will be an opportunity to hear more about the work of Carers Wales, input into our work and access helpful information to help you in your caring role.

The same format will be run 3 times during the day on 25th November, in the hope that as many carers can attend as possible.

Morning event: 10am to 12noon

• Afternoon event: 2pm to 4pm

• Evening event: 6pm to 8pm





Morning Event - 10 am to 12pm

10am	 Welcome by Claire Morgan, Director, Carers Wales A re-cap and overview of Carers Wales key work areas, including an overview of our Lottery Project which is almost complete Carers Wales' response during the pandemic Our work priorities for the year ahead
10.10am	 Participants can then choose from the following sessions: Room 1: Your thoughts on Carers UK's new Strategy 2025 – facilitated by Claire Morgan and Natalie Marchant. Room 2: Self Advocacy - Speaking up for yourself and who you care for. Room 3: Join us on a Welsh historical walk – facilitated by Dawn Owen and Jessica Hudson
10.55am	Comfort break
11am	 Participants can then choose from the following sessions: Room 1: Social enterprises and community co-ops – opportunities for carer-led services. Facilitated by Jane Healey and Jessica Hudson Room 2: Knowing your rights as a carer – facilitated by Beth Evans and Jake Smith Room 3: Music session – facilitated externally with the Welsh National Opera by Dawn Owen and Natalie Marchant
11.45am	All groups re-join together. We will use the chat box to capture reflections, thoughts, and questions. Wrap up and thank you.
12noon	End





Afternoon Event - 2pm to 4pm

2pm	 Welcome by Claire Morgan, Director, Carers Wales A re-cap and overview of Carers Wales key work areas, including an overview of our Lottery Project which is almost complete Carers Wales' response during the pandemic Our work priorities for the year ahead
2.10pm	 Participants can then choose from the following sessions: Room 1: Your thoughts on Carers UK's new Strategy 2025 – facilitated by Claire Morgan and Natalie Marchant. Room 2: Self Advocacy - Speaking up for yourself and who you care for Room 3: Join us on a Welsh historical walk – facilitated by Dawn Owen and Jessica Hudson
2.55pm	Comfort break
3pm	 Participants can then choose from the following sessions: Room 1: Social enterprises and community co-ops – opportunities for carer-led services. Facilitated by Jane Healey and Jessica Hudson Room 2: Knowing your rights as a career – facilitated by Beth Evans and Jake Smith Room 3: Music session – facilitated externally with the Welsh National Opera by Dawn Owen and Natalie Marchant
3.45pm	All groups re-join together. We will use the chat box to capture reflections, thoughts, and questions. Wrap up and thank you.
4pm	End





Evening Event - 6pm to 8pm

6pm	 Welcome by Claire Morgan, Director, Carers Wales A re-cap and overview of Carers Wales key work areas, including an overview of our Lottery Project which is almost complete Carers Wales' response during the pandemic Our work priorities for the year ahead
6.10pm	 Participants can then choose from the following sessions: Room 1: Your thoughts on Carers UK's new Strategy 2025 – facilitated by Claire Morgan and Natalie Marchant. Room 2: Self Advocacy - Speaking up for yourself and who you care for Room 3: Join us on a Welsh historical walk – facilitated by Dawn Owen and Jessica Hudson
6.55pm	Comfort break
7pm	 Participants can then choose from the following sessions: Room 1: Social enterprises and community co-ops – opportunities for carer-led services. Facilitated by Jane Healey and Jessica Hudson Room 2: Knowing your rights as a carer – facilitated by Beth Evans and Jake Smith Room 3: Music session – facilitated externally with The Welsh National Opera by Dawn Owen and Natalie Marchant
7.45pm	All groups re-join together. We will use the chat box to capture reflections, thoughts, and questions. Wrap up and thank you.
8pm	End