

## **Supporting Carers in Primary care**

**A key priority this year has been the identifying and supporting carers through primary care health services. With the lockdown restrictions this has meant thinking more strategically about how we best provide responsive support.**

**Carers Week 7<sup>th</sup> – 13<sup>th</sup> June 2021**

Information about carers + pledges from stakeholders across the region.



## Are you Young Carer Aware?

Life is NOT black & white  
**YOUNG CARERS** are under 18,  
We may look like children  
BUT we have an important  
role in assisting and  
supporting other people.



Respect Young Carers  
**Young people with BIG responsibilities**



Help us to help others **Gwent Carer Hub 01495 367564**

Poster designed by **Isaac Cunningham** (Aged 10)

## Our work with Pharmacies

Young carers have often reported difficulties such as collecting medication, recognition and understanding by pharmacists of their caring role and uncertainty about the medication itself.

We teamed up with schools in the region and asked Young Carers to design a poster to display in pharmacies across Gwent.

The winning poster was designed by Isaac C. and was sent to all Pharmacies.



Bwrdd Iechyd Prifysgol  
Aneurin Bevan  
University Health Board



Aneurin Bevan University Health Board Gwent Carers Strategic Partnership

My name is Damien McCann and I am the Director of Social Services in Blaenau Gwent but also Chair of the Regional Carers Board across Gwent.

*I pledge* to work to the best of my ability with carers and colleagues from health, social services and the third sector to collectively listen, support and find solutions to make the essential role of carers as comfortable and content as we can.





I am David Williams, Service Manager  
at the Regional Partnership Team

**I pledge** to do my best to make sure  
carers voices get to be heard at the  
Regional Partnership Board'



My name is Melanie Laidler and I am  
General Manager for Primary Care,  
Community Division

**I pledge** to ensure that carers are  
central in making care decisions that  
affect the lives of the people they care  
for when they leave Community  
Hospital care.

Hi, I am Brona Oakerbee I am the Carers Support Officer in the Gwent Regional Partnership Team.

*I pledge* my commitment to ensure unpaid carers in our communities can access the right information and advice.





## Aneurin Bevan University Health Board Gwent Carers Strategic Partnership

**The Gwent Carers Strategic Partnership initiative  
The Small Grant Scheme (SGS)  
was developed to support life alongside caring.**

**The scheme is delivered by Carers Trust South East Wales and was introduced to reflect a gap in provision of financial support that was available and to help support carers alongside their caring role, enabling carers to request financial assistance under specific categories.**

# Small Grant Scheme

A total of 461 applications were considered by the panel in 2020/21 of which 364 were successful.

Outcomes reported include

- Improved resilience;
- Reduced isolation;
- Improved financial situation;
- More time for themselves/family;
- Improved health and wellbeing;
- Increased confidence

This year saw a huge increase in demand with an average of £11,000 per month being allocated.



Aneurin Bevan University Health Board  
Gwent Carers Strategic Partnership



Online  
Needs to be completed daily  
please

- 1st - Lyndie ✓
- 2nd - Kelly ✓
- 3rd - Lyndie ✓
- 4th - Kelly ✓
- 5th - Kelly ✓
- 6th - Kelly ✓
- 7th - Kelly ✓
- 8th - Kelly ✓
- 9th - Kelly ✓
- 10th - Kelly ✓
- 11th - Kelly ✓
- 12th - Kelly ✓
- 13th - Kelly ✓
- 14th - Kelly ✓
- 15th - Kelly ✓
- 16th - Kelly ✓
- 17th - Kelly ✓
- 18th - Kelly ✓
- 19th - Kelly ✓
- 20th - Kelly ✓
- 21st - Kelly ✓
- 22nd - Kelly ✓
- 23rd - Kelly ✓
- 24th - Kelly ✓
- 25th - Kelly ✓
- 26th - Kelly ✓
- 27th - Kelly ✓
- 28th - Kelly ✓
- 29th - Kelly ✓
- 30th - Kelly ✓
- 31st - Kelly ✓

us Trolley

CLASSROOM CLEANING ROTA



**My Pledge**

My name is Kimmy and I am  
a Student Nurse

I Pledge to listen, absorb and grow  
as a student in order to educate  
Others.



**My Pledge**

My name is Connie and I am  
Staff Nurse

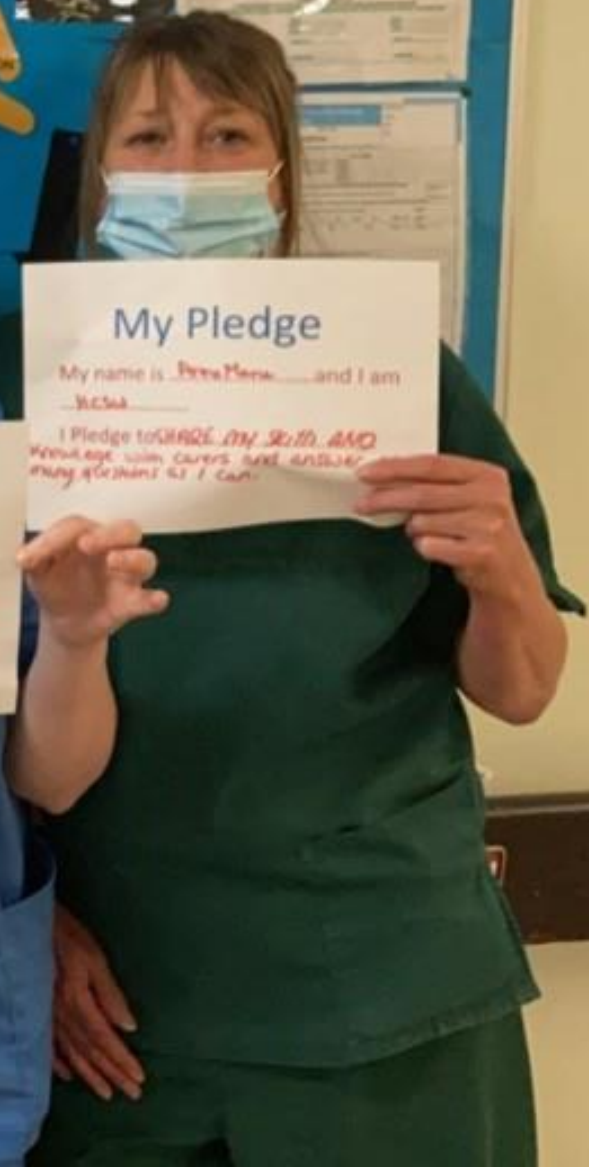
I Pledge to Show Kindness to Others  
So that I am approachable and can  
Provide Support!



**My Pledge**

My name is Elaine and I am  
Staff Nurse

I Pledge to Be the best the patient has  
and will be happy to help the patient  
if they need it.



**My Pledge**

My name is Peta Hume and I am  
NCSA

I Pledge to Share my skills and  
knowledge with others and answer  
any questions as I can.



My name is Rachel Lee and I'm the Senior Nurse Manager for St Woolos Hospital in Aneurin Bevan University Health Board.

This year, **I pledge** to work hard at ensuring that caring is made visible and valued by promoting carer support within the hospital setting.

With the support of my dedicated nursing colleagues, we will ensure there is good quality and accessible information available for carers, and offer signposting advice to local directory, helpline and online forums to make sure no-one has to care alone.



GIG  
CYMRU  
NHS  
WALES

Bwrdd Iechyd Prifysgol  
Aneurin Bevan  
University Health Board

My name is Carol Taplin  
and I am the Lead  
Chaplain in the Grange  
University Hospital.

*I pledge to,* on  
request to provide  
pastoral, spiritual or  
religious support to any  
carer of any faith or none,  
or to signpost them to  
more appropriate support,  
according to their  
individual needs.



Hi, my name is Amanda Whent, I am the Corporate Lead Nurse  
for Dementia in Aneurin Bevan University Health Board.

*I pledge* to be part of the Gwent Regional Dementia Carers  
Group, to help raise awareness, share information and support  
the development of services to support unpaid carers of people  
living with Dementia.



Hello, my name is Helen Thouless and I am an Orthoptist. As part of the Eye Care Team we assess patients of all ages and understand how much of a difference carers make to our patients with poor eyesight.

As the Clinical Stroke Lead Orthoptist I find that carers of stroke survivors, who find their loved ones have had their vision affected overnight, play a vital role in helping them manage in their everyday lives with what is a sudden and dramatic change to their world.

I am passionate about supporting these carers, and

*I pledge* to provide them with the information, support and understanding they need in their new found role.



GIG  
CYMRU  
NHS  
WALES

Bwrdd Iechyd Prifysgol  
Aneurin Bevan  
University Health Board

My name is Lorraine Morgan and I am the Gwent Citizen Panel Chair.  
As an unpaid Carer for the past 40 years I understand and  
**I pledge** my role publicly and personally to continually support and  
raise higher the voice of unpaid Carers.

We devote many hours to enabling the people we support to have a  
better quality of life and practically aspire to what we all individually  
want to achieve.

Carers are kind, compassionate warriors fighting a war, not just one  
battle.



# Carers Support Across the Region

## Blaenau Gwent County Borough Council

Tel: 01495 315700 (IAA Team)

Web: [www.blaenau-gwent.gov.uk](http://www.blaenau-gwent.gov.uk)



## Caerphilly County Borough Council

Tel: 0808 100 2500

Email: [carers@caerphilly.gov.uk](mailto:carers@caerphilly.gov.uk)

Web: [www.caerphilly.gov.uk/carers](http://www.caerphilly.gov.uk/carers)



## Monmouthshire County Council

Monmouthshire/Usk/Raglan

Tel: 01600 773041

Abergavenny

Tel: 01873 735885

Chepstow/Caldicot

Tel: 01291 635666

Web: [www.monmouthshire.gov.uk](http://www.monmouthshire.gov.uk)



## Newport City Council

Tel: 01633 656656

Email: [FirstContact.Adults@newport.gov.uk](mailto:FirstContact.Adults@newport.gov.uk)

Web: [www.newport.gov.uk/carers](http://www.newport.gov.uk/carers)



## Torfaen County Borough Council

Tel: 01495 762200

Email: [callfortorfaen@torfaen.gov.uk](mailto:callfortorfaen@torfaen.gov.uk)

Web: [www.torfaen.gov.uk](http://www.torfaen.gov.uk)



## Gwent Carers Hub

Tel: 01495 367564

Email: [gwentcarershub@ctsew.org.uk](mailto:gwentcarershub@ctsew.org.uk)

Web: [www.ctsew.org.uk/gwent-carers-hub](http://www.ctsew.org.uk/gwent-carers-hub)

