

This week is Carers Week 7th – 13th June across the UK

People and organisations across Gwent are coming together to make a pledge to unpaid carers.

Their pledges will be shared with you over the course of the week and our first pledge is from
Judith Paget, CEO Aneurin Bevan University Health Board

Day 1



Hello, my name is Judith Paget and I am the Chief Executive of Aneurin Bevan University Health Board. As a Health Board, we recognise the significant impact the COVID-19 pandemic has had on carers, not least the distress it has caused for those who have been unable to visit their loved ones in hospital.

*As visiting restrictions in our hospitals begin to lift **I pledge** to review our ward visiting policies and encourage more flexible visiting arrangements for carers, supporting the principles of John's Campaign.*



GIG
CYMRU
NHS
WALES

Bwrdd Iechyd Prifysgol
Aneurin Bevan
University Health Board

My Name is Naheed Ashraf and I am the Regional Programme Manager for unpaid Carers in Gwent.

I am incredibly passionate about making sure we value carers by listening to their expertise, acting upon what they tell us and providing the right information at the right time.

I pledge to identify and support carers of all ages across various settings so that they can be signposted to relevant support.



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Local Context

Area	Total number of Carers in 2015	Projected Total number of Carers in 2025	Rise in a decade	% increase
Wales	370,115	386,948	16,833	4%
Caerphilly	22,631	23,216	585	2.5%
Blaenau Gwent	8,641	8,600	-41	-0.5%
Torfaen	11,820	11,953	133	1%
Monmouthshire	11,400	11,653	253	2%
Newport	16,661	17861	1200	7%

These figures do not include those under 16 years of age and thus exclude young carer numbers.

Gwent and its varied demography, presents a unique set of challenges in delivering both sustainable and consistent offers of services for carers.

The provision of care and support in Gwent is provided by Aneurin Bevan University Health Board (ABUHB), but the social care element is met by five Local Authorities.

This table gives a breakdown of carer numbers across the ABUHB area:

(source: Daffodil Cymru (based on 2011 Census))

My name is Phil Diamond, I am a Regional Partnership Service Manager at the Gwent Regional Partnership Board.

I pledge to raise awareness of Dementia Friends to help people living with dementia and their carers in the community.



Greater Gwent Health, Social Care &
Well-being Partnership
Partneriaeth Lles, Iechyd a Gofal
Cymdeithasol Gwent Fwyaf

Our names are Kate Cerreti and Donna Wigmore and we are Ward Managers at County Hospital in Pontypool for Aneurin Bevan University Hospital.

We are privileged to have a passionate team to lead rehabilitation services for Care of the elderly in the Torfaen area.



**We pledge to raise awareness and support the invaluable role carers have.
We commit to include them and value their hard work and commitment.**

My name is Rebecca Wilford and I am a Carers Development Officer for Newport City Council.

I pledge to continue developing our service for unpaid carers, ensuring that we help people to identify as unpaid carers and work with them to provide appropriate information and support in a timely manner.



Carers Support Across the Region

Blaenau Gwent County Borough Council

Tel: 01495 315700 (IAA Team)

Web: www.blaenau-gwent.gov.uk



Caerphilly County Borough Council

Tel: 0808 100 2500

Email: carers@caerphilly.gov.uk

Web: www.caerphilly.gov.uk/carers



Monmouthshire County Council

Monmouthshire/Usk/Raglan

Tel: 01600 773041

Abergavenny

Tel: 01873 735885

Chepstow/Caldicot

Tel: 01291 635666

Web: www.monmouthshire.gov.uk



Newport City Council

Tel: 01633 656656

Email: FirstContact.Adults@newport.gov.uk

Web: www.newport.gov.uk/carers



Torfaen County Borough Council

Tel: 01495 762200

Email: callfortorfaen@torfaen.gov.uk

Web: www.torfaen.gov.uk



Gwent Carers Hub

Tel: 01495 367564

Email: gwentcarershub@ctsew.org.uk

Web: www.ctsew.org.uk/gwent-carers-hub

