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Useful Information following a diagnosis of Developmental Coordination Disorder (DCD)

What is DCD?

“Developmental Coordination Disorder (DCD), also known as dyspraxia, is a condition affecting physical coordination. It causes a child to perform less well than expected in daily activities for their age, and appear to move clumsily.” NHS, 2019

Did you know?

If your child has been diagnosed with DCD then they are in good company! The following celebrities have all spoken about living with DCD / Dyspraxia and are proof that having a diagnosis should not hold your child back.



Daniel Radcliffe
AKA Harry Potter!



Cara Delevingne
Supermodel



Richard Branson
Owner of Virgin

Where can I get support?



The Dyspraxia Foundation Website

<https://dyspraxiafoundation.org.uk>

This website has lots of useful information, links and leaflets, set out in different sections for parents, professionals, adults and youth.

Dyspraxia Foundation South East Wales Support Group

The group hold monthly activity sessions / events for children and families.

Contact details:

Catherine Purcell & Sally Scott Roberts

☎ 01633 856176 / 07398 538744

✉ dyspraxiasew@gmail.com

Dyspraxia Foundation Youth

<https://www.dfyouth.org.uk/>



Dyspraxia
Foundation
Youth

INCORPORATING DEVELOPMENTAL
COORDINATION DISORDER (DCD)

A dedicated website aimed primarily at teenagers and young adults (13-25 years old). The website has a range of information for those aged between 13-25 years old as well as information on their closed Facebook group for peer-led support, discussion and more.

Occupational Therapy Service for Children
Aneurin Bevan University Health



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If you are looking for more practical support...



The Box of Ideas website has a whole host of resources and ideas to help with practical skills at home, school and employment.

<https://www.boxofideas.org/>



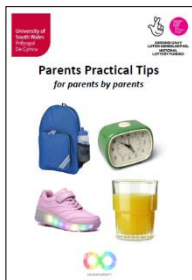
The Dyspraxia Ireland web page has a list of really useful computer programmes / apps that can be used by students with Dyspraxia to help make learning just that little bit easier.

<https://www.dyspraxia.ie/Assistive-Technology>



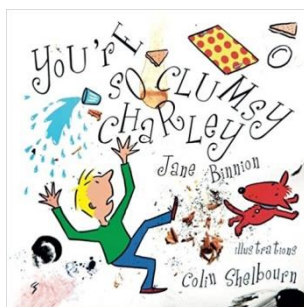
The authors of this booklet are young people who have a range of strengths and difficulties because they have a neurodevelopmental disorder(s). In this booklet the authors have shared their ideas, top tips and tricks that they use to help them find an easier way of managing everyday things. The booklet can be downloaded FREE on the following link:

<http://dyscovery.research.southwales.ac.uk/media/files/documents/2016-11-16/Top tips and tricks.pdf>



This booklet is written for parents, by parents, and is full of lots of tried and tested handy hints to support your child.

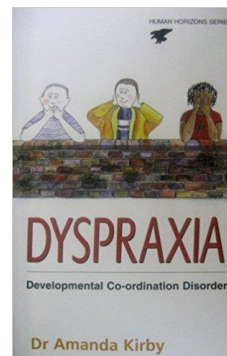
http://dyscovery.research.southwales.ac.uk/media/files/documents/2018-06-11/Final_Resource.pdf



You're So Clumsy Charley (2017).

[Jane Binnion](#) (Author), [Colin Shelbourn](#) (Illustrator).

This book is written for children with neurodevelopmental conditions



Dyspraxia:
Developmental Co-ordination Disorder (2006)

[Amanda Kirby](#) (Author)