



GIG
CYMRU
NHS
WALES

Bwrdd Iechyd Prifysgol
Aneurin Bevan
University Health Board

Cutlery

Kura Care Cutlery (from £6.77)

Ergonomic knife, fork and spoon included. Handle specially designed to help hand grip. Colourful two tone styling to reduce the appearance of the curved profile, length approx. 14.5cm (5.7"). Made from Stainless Steel, dishwasher safe and latex free.

<https://www.completecareshop.co.uk/eating-aids/>



Junior Caring Cutlery (from 8.35)

The Junior Caring Cutlery is a range of knife, fork and spoon, designed specifically for children. The stainless steel utensils are moulded into sky blue plastic handles with built up ends. Designed primarily for children, this cutlery with its built up handles, is easy to use, easy to clean and dishwasher safe. Stainless steel cutlery.

<https://www.completecareshop.co.uk/eating-aids/>



Nana's Manners Cutlery (from £14.95)

The Nana's Manners Stage 3, independence range have nice chunky ergonomically designed handles, suitable for all children but particularly those with weak grip. They come with colourful stickers to guide little fingers. Made from quality stainless steel with BPA free handles. The cutlery also comes in a range of different colours.

<https://www.nanasmanners.com/pages/shop>



Clever Grip Training Cutlery (from £8.00)

This set has moulded handles which are contoured to fit a child's fingers, encouraging them to hold the cutlery in the right position. The dimples on the knife and fork keep the thumb in the right place, while the spoon has a handy rest at the back. Designed with moulded edges for added safety, the cutlery can help children with a weaker grip. Total length: 15cm.

<https://fledglings.org.uk/collections/eating-drinking>



Tum Tum Weighted Cutlery (from £11.00)

Designed to meet the needs of children with unsteady hands or spasms who may find weighted cutlery easier to use. The Tum Tum Weighted Cutlery Set has extra weight that can help suppress unwanted movement, making feeding easier and less stressful. Ideal for children with mild Cerebral Palsy.

<https://fledglings.org.uk/collections/eating-drinking>



Doddl Cutlery Set (from £16.95)

Ergonomic Developmental 3 piece cutlery set. Designed to help develop correct finger positioning for cutlery, can be used with younger children or older children with coordination difficulties.

<https://www.doddl.com/shop/>

