

Your NHS services in Gwent have changed



Please read this booklet to find out how you can access services.

NHS SERVICES IN GWENT HAVE CHANGED

now **The Grange University Hospital** is open



**CALL 999 OR GO TO
THE GRANGE UNIVERSITY HOSPITAL**
if you have a **LIFE-THREATENING ILLNESS** or **SERIOUS INJURY**



GO TO A MINOR INJURY UNIT
at Nevill Hall, the Royal Gwent, Ysbyty Ystrad Fawr or
Ysbyty Aneurin Bevan Hospitals, if you have a minor injury
(Children under 1 year will need to go to The Grange University Hospital).



CALL NHS 111
if you are unwell, unsure what to do and need help.
You can also call 111 for urgent GP care
when your own Surgery is closed.



CONTACT YOUR GP
if you have an illness or concern that is
not immediately life-threatening.



TREAT AT HOME or **CONTACT YOUR PHARMACIST**
if you have a minor illness or ailment such as a
sore throat, cough, skin irritation or common mild illness.

For more information, visit abuhb.nhs.wales.

Keep up to date and ask us questions by following us:

 @AneurinBevanUHB  AneurinBevanHealthBoard

Changes to Emergency Hospital Services



The **Grange University Hospital** opened on 17th November 2020 to provide Critical and Specialist Care to every resident living in Gwent and South Powys.

The new hospital provides a centre of excellence to treat our most seriously ill patients, or those with significant injuries, and is now the only Emergency Department for the communities of Gwent.

The hospital opened ahead of schedule in November 2020 to help us respond to winter pressures and the COVID-19 pandemic.

In the past, the Royal Gwent and Nevill Hall Hospitals have both provided these emergency medical services. These services are now centralised at The Grange University Hospital to ensure the very highest standard of care is provided.

To avoid any potential delay to your treatment, please call 999 or go straight to **The Grange University Hospital** if you have a life-threatening illness or serious injury, including:

- Severe breathing difficulties
- Severe pain or bleeding
- Chest pain or a suspected stroke
- Serious trauma injuries (eg. from a car crash)



Please do not attend the Royal Gwent, Nevill Hall or any of our other hospitals if you have a life-threatening injury or illness.

All children who need to stay in hospital, or need to visit the Emergency Department or Children's Emergency Assessment Unit, will now be cared for at The Grange University Hospital. All Consultant-led births will also take place at the new hospital.

Changes to our Local General Hospitals



Now that The Grange University Hospital is open, there is no full A&E (Emergency Department) at the Royal Gwent Hospital or Nevill Hall Hospital. This is because they no longer have the range of back up services to support a full Emergency Department.



There are 24/7 Minor Injury Units at the Royal Gwent Hospital, Nevill Hall Hospital and Ysbyty Ystrad Fawr. Ysbyty Aneurin Bevan will continue to have a Minor Injury Unit, open 9am-7pm Monday to Friday (closed weekends and bank holidays). Our Minor Injury Units are led by Emergency Nurse Practitioners.

Children aged 1 year and over can be treated at our Minor Injury Units, **but if they have a life-threatening illness or serious injury, they will need to go to The Grange University Hospital.**

Please note that **all children aged under 1 year** will need to go to The Grange University Hospital, even if they have a minor injury or illness.

Our enhanced Local General Hospitals provide a wide range of services and will deliver general and routine care, including:

- Minor Injury Units
- Inpatient beds
- Planned operations
- Rehabilitation and Therapy services
- Assessments, scans and x-rays
- Medical Assessment Units
- Outpatient clinics
- Children's Outpatient appointments
- Frailty care of older people
- Antenatal and Postnatal clinics
- Midwife-led Birthing Suite



When you should visit a Minor Injury Unit



Adults and children over one year old can be treated at our Minor Injury Units. These Units treat a wide range of injuries. Each Unit is run by an experienced team of highly skilled staff, including Emergency Nurse Practitioners, Physiotherapists and Health Care Support Workers.

You can visit one of our Units for:

- Limb injuries, which include broken bones (fractures) and dislocations to toes and fingers
- Wounds, grazes and minor burns
- Head injuries, provided there is no loss of consciousness or the patient is taking blood thinning drugs
- Face injuries, provided there is no loss of consciousness
- Minor neck and back injuries, provided that the patient is mobile, has no pins and needles in arms and legs and has not fallen from a height greater than five stairs or 1m
- Eye, ear and nose injuries and foreign bodies
- Rib injuries
- Insect, animal and human bites



The following can also be provided:

- Access to X-Rays for injuries
- Wound closure, including stitching and gluing
- Application of dressings
- Application of plaster casts, splints, strappings and slings
- Reduction of minor joint dislocations
- Removal of foreign bodies
- Eye washouts
- Administration of medication to treat the injury

Minor Injury Units do not treat minor illnesses. If you are unsure whether or not you should visit a Minor Injury Unit, please contact 111 first for help and advice.

What to do if your child has an illness or injury



Now The Grange University Hospital is open, our hospital services for children have changed.

Children who require emergency treatment will go to The Grange University Hospital, where Specialist Children's Doctors and Nurses are centralised. All children's hospital beds and the Children's Emergency Assessment Unit are also at The Grange University Hospital.

The Royal Gwent Hospital, Nevill Hall Hospital and Ysbyty Ystrad Fawr continue to provide a wide range of routine outpatient appointments for children and certain Elective Day Case Surgeries.

Local **Minor Injury Units** for children (aged over 1 year) remain at the Royal Gwent Hospital or Nevill Hall Hospital, Ysbyty Ystrad Fawr, and Ysbyty Aneurin Bevan. **All children aged under 1 year old will need to be seen at The Grange University Hospital.**

What is available for children at our main hospitals:

	The Grange University Hospital	Royal Gwent Hospital	Nevill Hall Hospital	Ysbyty Ystrad Fawr	Ysbyty Aneurin Bevan
Inpatient wards	✓	X	X	X	X
Child Assessment Unit	✓	X	X	X	X
Minor Injuries	X	✓	✓	✓	✓
Children's Emergencies	✓	X	X	X	X
Outpatients	X	✓ St Woolos	✓	✓	✓

Maternity Services: Antenatal clinics, Midwifery-led routine births and Postnatal clinics all take place at the Royal Gwent Hospital, Nevill Hall Hospital, Ysbyty Ystrad Fawr and Ysbyty Aneurin Bevan. All Consultant-led births take place within The Grange University Hospital, with an additional centre for Midwifery-led births.

Community Hospitals



The function of our Community Hospitals have not changed.

These hospitals are in the heart of our communities and help us to deliver a wide range of care closer to your home.

Ysbyty Aneurin Bevan, Chepstow Community Hospital, St Woolos Hospital, County Hospital and both Monnow Vale and Rhymney Integrated Health & Social Care Centres offer a range of services, including Rehabilitation Wards, X-Ray facilities, Therapy Services, Outpatient clinics, Mental Health facilities and GP services.

Services in your community



These local healthcare services are often the first port of call when you are unwell:

- **GPs** now work alongside a wide range of health professionals in local Surgeries and Health Centres. You don't always need to see your GP – your Surgery may recommend you see another health professional who is better suited to deal with your issue, including Practice and District Nurses, Children's services, Pharmacists and Mental Health professionals.
- Local **Opticians** can help with any eye problem that needs attention.
- Your **Dentist** can provide emergency treatment if you have tooth or gum pain.
- Local **Pharmacies/Chemists** can provide advice and treatments for common conditions – you don't need an appointment.

NHS 111



Contact NHS 111 first if you are unwell, unsure what to do and need help. You can also call this number to get urgent GP care when your own Surgery is closed.

If you are unwell, you can also use the NHS 111 online symptom checker - <https://111.wales.nhs.uk/SelfAssessments>

Exercise and maintaining a healthy lifestyle can help us stay well. A lot of illnesses can be treated **at home** by using over-the-counter medicine and getting plenty of rest.

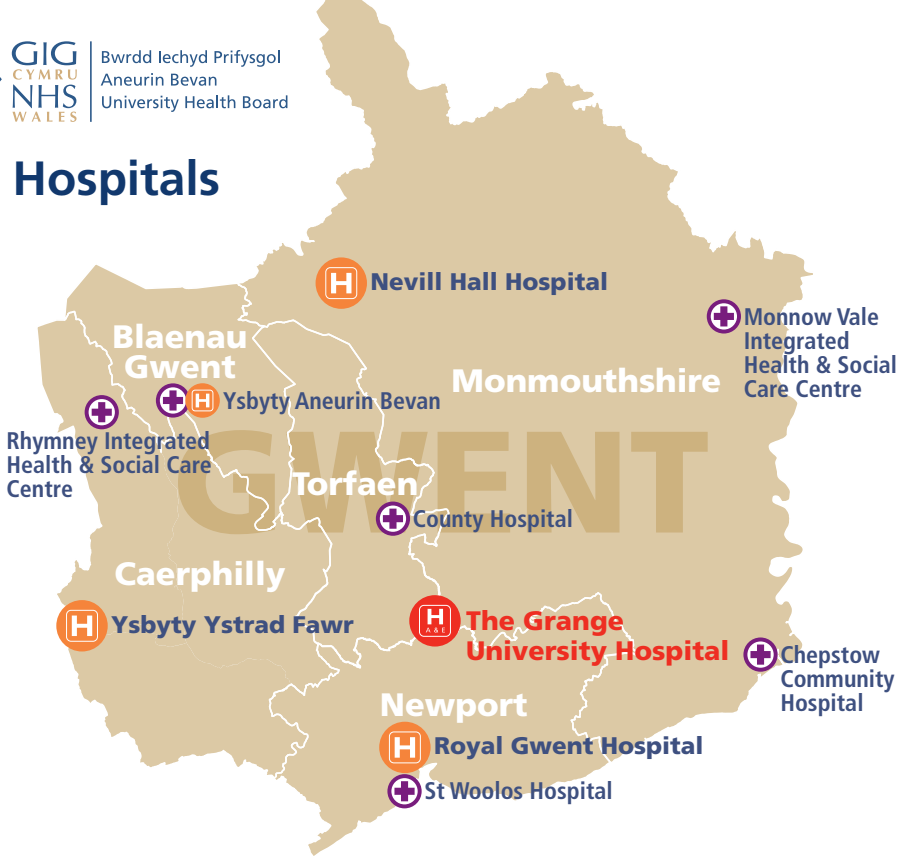




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Bwrdd Iechyd Prifysgol
Aneurin Bevan
University Health Board

Our Hospitals



The Grange University Hospital

Caerleon Road, Llanfrechfa, Cwmbran NP44 8YN



Royal Gwent Hospital Cardiff Road, Newport NP20 2UB

Nevill Hall Hospital Brecon Road, Abergavenny NP7 7EG

Ysbyty Ystrad Fawr Ystrad Mynach, Hengoed CF82 7GP

Ysbyty Aneurin Bevan Lime Avenue, Ebbw Vale NP23 6GL

There are new arrangements for public transport to The Grange University Hospital. Please visit the 'Hospitals' page on our website for details of public transport services to all our hospitals. The Health Board is working with partner organisations to provide volunteer travel services for patients and visitors.

For local travel times, please see the FREE travel planning tool on the Traveline website, or call 0871 200 2233 (calls cost 12p per minute).

Car parking is free at all hospital sites.

This booklet was produced by Aneurin Bevan University Health Board.

Please contact us if you would like to access this information in a different format or language.

For more detailed information please visit our website at

<https://abuhb.nhs.wales/>