

# **Minor Injury Units**

at Nevill Hall, the Royal Gwent, Ysbyty Ystrad Fawr and Ysbyty Aneurin Bevan hospitals

Adults and children over one year old with a wide range of injuries can be treated at our Minor Injury Units. These units are run by an experienced team of highly skilled specially-trained emergency nurse practitioners, triage nurses and health care support workers. You can visit one of our units for:

- Limb injuries, which include broken bones (fractures) and dislocations to fingers and toes
- Wounds, grazes, & minor burns
- Head injuries, provided there is no loss of consciousness or the patient is not taking blood thinning drugs
- Face injuries, provided there is no loss of consciousness
- Minor neck and back injuries, provided that the patient is mobile, has no pins and needles in arms or legs and has not fallen from a height greater than five stairs or 1m
- Eye, ear and nose injuries and foreign bodies
- Rib injuries
- Insect, animal and human bites
- And the following can be provided:
- Access to x-rays for injuries
- Wound closure including stitching & gluing
- Application of dressings
- Application of plaster casts, splints, strappings and slings
- Reduction of minor joint dislocations
- Removal of foreign bodies
- Eye washouts
- Administration of medication to treat the injury

#### Minor Injury Units cannot treat:

- chest pain
- breathing problems
- collapse
  stroke
- overdose & poisoning
- accident with injury to abdomen/stomach
- colds, coughs, earache, rashes, temperatures, sore throats
   urinary infections, cystitis or catheter problems
   dental problems
   abdominal pain
- painful limbs, joints or backs (not caused by injury)
- skin complaints including boils and rashes
- wounds not caused during an accident

If you are unsure whether or not you should visit a Minor Injury Unit, please call 111 for help and advice.





Bwrdd Iechyd Prifysgol Aneurin Bevan University Health Board



## Helpu Ni Helpu Chi Dewiswch y lle iawn, y tro cyntaf

# Help Us Help You Choose the right place, first time



**Cysylltwch â'ch Fferyllydd** ar gyfer unrhyw salwch neu anhwylderau ysgafn cyffredin **Contact your Pharmacist** for common mild illnesses and ailments





**Cysylltwch â'ch Practis Meddyg Teulu** os oes gennych chi salwch neu bryder nad yw'n peryglu bywyd yn uniongyrchol **Contact your GP Practice** 

if you have an illness or concern that is not immediately life-threatening



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#### Meddyliwch 111 yn Gyntaf i gael cyngor neu help meddygol os nad ydych yn sicr lle i fynd

Think 111 First for urgent medical advice or help if you are unsure where to go

#### Ewch i Uned Mân Anafiadau



Yn Ysbyty Nevill Hall, Ysbyty Brenhinol Gwent, Ysbyty Ystrad Fawr neu Ysbyty Aneurin Bevan â fân anafiadau, fel esgyrn wedi torri, clwyfau, mân anafiadau i'r pen/gwyneb a brathiadau

#### Go to a Minor Injuries Unit

at Nevill Hall, the Royal Gwent, Ysbyty Ystrad Fawr or Ysbyty Aneurin Bevan hospitals with minor injuries, such as broken bones, cuts, minor head or face injuries and bites.





**Ffoniwch 999**, neu ewch i **Ysbyty Athrofaol y Faenor** os oes gennych chi SALWCH SY'N BYGWTH BYWYD neu ANAF DIFRIFOL fel strôc bosib, poenau difrifol yn y frest neu'r stumog, trawiad neu anaf sylweddol

Call 999, or go to The Grange University Hospital if you have a LIFE-THREATENING ILLNESS or SERIOUS INJURY such as suspected stroke, severe chest or stomach pains, seizure or significant injury



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