

In the Spotlight



Name: Sarah

JOB TITLE: **CONSULTANT CLINICAL PSYCHOLOGIST, CANCER SERVICES & HEAD OF PHYSICAL HEALTH PSYCHOLOGY**

Experience & Qualifications: Degree in Psychology
Doctorate training for 3 years
Qualified in 1994
Worked in older adult mental health
Worked for 10 years in chronic pain
Started in cancer services 2010

“It’s a real privilege helping people recover and make sense of what’s happened to them.

The only thing the people we see have in common is that they have cancer. We see everybody and there’s loads of variety.”

“Lots of people are broken by their cancer diagnosis and treatment, their lives have changed. There’s a lot of grief and I think we are really good at hearing that and that’s something we can offer people - a space to hear them”.