

# In the Spotlight



**Name:** Rhian

**JOB TITLE:** **MACMILLAN SPECIALIST  
CANCER DIETICIAN &  
DIETETIC CANCER LEAD**

**Qualifications  
& Training:** Service specialist in head & neck  
and upper GI cancer (and cover  
other cancers)  
Degree in Nutrition Science  
Masters in Dietetics - Kings London  
Dietician for 13 years  
Oncology Dietician for 11 years

**Role:** Seeing head and neck cancer  
patients as both inpatients and  
outpatients.  
Provide support in terms of eating  
and drinking orally and tube fed  
needs

“There’s a lot of evidence to say that if you follow a straightforward, healthy, balanced diet, minimise alcohol intake and stop smoking, you can prevent lifestyle related cancers.”

“I love working with people - both my Dietetics colleagues and our patients. In cancer you develop a good bond with patients and seeing them throughout their journey from diagnosis to rehabilitation - it’s amazing to see their progress and development.”