

In the Spotlight



- Name:** Alison Pugh BEM RGN MSc
- JOB TITLE:** **MACMILLAN MYELOMA CLINICAL NURSE SPECIALIST**
- Experience:** Qualified in 1990
Commenced work on a Haematology Ward at 18
Moved into Acute Medicine for 2 years and then set up the Acute Oncology Service for 1 year
Returned to Haematology as a Ward Sister for 10 years before taking on the management of the Chemotherapy Day Units & Haematology Ward for a 5 year period
Established the role of MacMillan Myeloma Clinical Nurse Specialist in the Health Board, 1 of only 3 such posts in Wales, and has undertaken this role for the past 18 months
In 2018 received the British Empire Medal for services to Haematology and Cancer Care in the Queen's Birthday Honours
- Typical Week:**
- Consent work for patients undergoing chemotherapy
 - Conduct pan Gwent Myeloma/ Plasma cell clinics in the Royal Gwent and Nevill Hall Hospitals
 - Clinic preparation
 - Conduct ward rounds and new patient clinics
 - Preparing patients for Stem Cell transplant
 - Planning day case chemotherapy treatments

"I don't get to see my patients cured.... but I do get to see them living their life normally and to be able to watch them all the way through that – not many people get that – you can see that there is a light at the end of the tunnel for them.... supporting them to get their disease under control and live with cancer."