

In the Spotlight



Name: Penny

JOB TITLE: **PRACTICE NURSE LEAD**

Experience & Qualifications

- Qualified as nurse 44 years ago
- 6 years experience with Burns and Plastics units in secondary care
- 38 years as a Practice Nurse
- 30 years working for ABUHB
- Academy Nurse Mentor
- Diploma in Diabetes, Asthma and COPD
- Various courses on diabetes.

Role includes:

- Managing long term chronic diseases including Diabetes, COPD, Asthma and CHD
- Managing diabetic complications including diabetic foot disease
- Works regularly with secondary care specialist colleagues such as Diabetic specialist nurses and Consultant Diabetologists to improve patient outcomes
- Works closely with other practice staff including GPs, Practice Pharmacists, Nurses and HCAs to ensure high patient safety / care
- All diabetics reviewed at least twice per year (sometimes more) to ensure are closely monitored for good diabetic control / reduce complications.

“I love being able to use my clinical skills and knowledge from courses to educate patients and make impacts to my diabetic patients’ lives.

I see my diabetic patients regularly and love that I get to know them and their families well and are able to help them through their healthcare journey.”