

# In the Spotlight



**Name:** Melissa Blow

**JOB TITLE:** **PRINCIPAL PODIATRIST**  
**DIABETES AND TISSUE VIABILITY**

**Experience & Qualifications**

- Qualified as a Podiatrist 21 yrs ago
- 15 years working for ABUHB
- Qualified Independent Prescriber
- Further studies at University in vascular and conditions of the lower limbs
- Special interest in diabetic foot wounds

**Role includes:**

- Working alongside the vascular and diabetes teams to try and get patients healed.
- Working as part of a team of 30 Podiatrists across the whole of the Health Board in all settings (patient homes, clinics, hospitals)
- Completing full patient assessments on circulation and nerve sensation to create a care plan.
- Managing the team
- Seeing patients in clinics and the community
- Research including wound dressings
- Reviewing, assessing and making preventative plans.
- Mainly dealing with the upscaled end of the condition.

“I see my patients a lot, as we are trying to save their legs, so we get to know them and their families really well. I love the business of the acute side. I like to feel that I’ve helped someone every day by using my skills and knowledge.”