

In the Spotlight



Name: Freya Lodge

JOB TITLE: **CARDIAC CONSULTANT**
SPECIAL INTEREST IN CARDIAC IMAGING INCLUDING ECHO CARDIOGRAPHY & CARDIAC MRI

Experience & Qualifications Undergraduate training at Cambridge and Imperial College London
Qualified as a Registrar and moved to Wales, where I did my Registrar training
Fellowship at Birmingham in Cardiac Imaging
Appointed to ABUHB in 2020

Role includes:

- 2 Clinics a week and imaging sessions looking at hearts in detail
- MRI work in Birmingham to keep up-to-date and maintain strong networks with experts in field

I have an interest in primary prevention - how do we take someone that has risk factors for heart disease and make sure they don't develop that down the line. That's a combination of lifestyle and medication. With cardiac imaging you can give people an idea of how their heart is looking and what they can do to improve it.

"Cardiac disease is so prevalent, it's a hugely important cause of death, as well as morbidity, so it does feel like you can genuinely make a difference to people's lives. People tend to be absolutely petrified about anything concerning their heart and I think one of our major advantages is being able to take something that's quite a scary subject and break it down, and reassure people, and give them really practical means to try and improve their health as well."