

# In the Spotlight



**Name:** Linda Edmonds

**JOB TITLE:** **CONSULTANT NURSE  
HEART FAILURE AND  
CARDIAC REHABILITATION**

**Experience  
& Qualifications**

- General training St George's Hospital, London on Cardiothoracic ward.
- Cardiology Ward Sister.
- Secured funding and set up the first Cardiac Rehabilitation Service in Wales.
- Helped set up and Chaired the All Wales Cardiac Rehab forum
- Appointed as one of only 12 Consultant Cardiac Nurses in Wales in 2002, working closely with Welsh Government.
- Secured funding and helped develop the first Heart Failure service team for Wales.
- Worked as the Education for Wales Cardiovascular Lead
- Developed a new Heart Failure Service as a Consultant Nurse for Somerset Community Partnership, which won the British Heart Foundation award.
- Earned a Fellowship at King's College in Older People's Nursing

**Role includes:**

- Spending 50% of the role seeing patients
- Developing the Cardiac Rehab and Heart Failure Services, focusing on better value and care closer to home
- Teaching Practice Nurses and giving University lectures

*There's strong evidence that treatment and rehabilitation for heart failure and post heart attack patients reduces mortality and re-admissions, so it's important we get it right.*

**"In Nursing, when you go into management or education, you tend to lose your clinical skills. The Consultant Nurse post is unique and vital because it's about still seeing patients and changing care, but you also you have a responsibility to influence and enable other staff members."**