

In the Spotlight



Name: Anna

JOB TITLE: **COMMUNITY MIDWIFE,
YSBYTY YSTRAD FAWR**

Training & Qualifications: 3 year degree in Sport prior to changing direction and commencing 3 year Midwifery Degree. Qualified in 2019

Experience: Worked as a Maternity Care Assistant (MCA) on weekends in YYF whilst undertaking Midwifery Degree.
18 months in The Royal Gwent Hospital whilst training.
Currently also cover work at The Grange University Hospital to maintain skills and experience in high risk maternity care.
Recently gained a new qualification in gym instructing and spin cycling to do antenatal and postnatal exercise classes.

Role includes: Attending and supporting women in antenatal clinics
General care in the community covering both antenatal and postnatal care
Postnatally, seeing women on the first day they come out of hospital.
Giving lots of support with feeding and changing nappies.
Offer breastfeeding support in the community.

Passion: Having my own clinic and getting to know the women and their families. Seeing the whole picture; meeting women's partners, getting to meet the family and getting to know them from the start to the finish.

"I've always been passionate about low risk maternity care. I've lost count of the numbers of babies I've delivered.... My favourite part of my role is getting to know the women out in the community and building a good rapport with them."