

# In the Spotlight



**Name:** Jan

**JOB TITLE:** **NURSE PRACTITIONER,  
MINOR INJURY UNIT**

**Qualification:** Nurse Practitioner Degree

**Career History:** Started as a 'Project 2000' nurse. Worked in a similar role at a 'Walk-in' Centre in Bristol. Spent a brief period in Llandough Hospital prior to commencing a Nurse Practitioner role in the Royal Gwent Hospital 16 years ago

**Specialties:**

- Limb injuries;
- Wounds including minor burns;
- Head and facial injuries including eye, ear, nose injuries including foreign bodies;
- Minor neck & back injuries;
- Rib injuries;
- Insect, animal and human bites.
- Prescribe or administer medicines under patient group directions;
- Request and interpret x-rays;
- Reduce minor joint dislocations;
- Undertake eye washouts;
- Apply casts, splints, strappings and slings.

**Benefits of the role:** Being able to independently assess, diagnose, treat and safely discharge patients or refer onward to a speciality.

Training covers a whole range of things, "from the tips of your toes to your head. "In order to do the job we need to know the body inside and out."