

In the Spotlight



Name: Jo Kitt

JOB TITLE: **ENDOMETRIOSIS
CLINICAL NURSE
SPECIALIST**

Experience & Qualifications: Degree in Nursing
Diploma in Ultrasound Scanning for Gynae & Early Pregnancy
Currently studying for a Masters Degree in Advanced Clinical Nursing Practice.

Role:

- Helping run endometriosis clinic with lead Consultant
- Holding virtual clinics for new and follow up patients
- Assisting in fertility clinic and train colleagues in scanning
- Helping run the lifestyle medicine clinic
- Setting up an endometriosis education plan for GPs and schools to improve understanding of symptoms
- Pre and post op care of endometriosis surgery patients
- Management of the endometriosis email helpline
- Patient endometriosis symptom control and conservative and medical management
- Part of a multi-disciplinary team to offer a holistic approach
- Supporting patients and giving them the opportunity to be listened to

“I have really enjoyed developing a service I feel is really needed in our Health Board area. I am keen to promote a holistic approach to helping women with endometriosis so that they are best enabled to manage their condition. I am really passionate about continuing to improve health care provision for women with endometriosis in our area”.