A VISITORS GUIDE TO COVID-19 TESTING

Aneurin Bevan University Health Board Visitor Testing –

To safely allow you as a partner or supporter of pregnant woman to visit while they are attending Antenatal clinic or are in hospital, we have drawn up a set of guidelines and instructions to protect you, our patients and staff. The information listed below will outline the procedure you must follow to attend with or visit your partner. Ensuring you do not have COVID-19 before entering our hospital site is at the heart of our infection control procedures.

Having a COVID-19 Test prior to your visit/attendance

To safeguard your partner, other patients and hospital staff we require all visitors to be tested prior to their visit. There are two means for getting tested:

1. **Laboratory (PCR) tests**
2. **Rapid (Lateral) flow tests**

How to arrange a laboratory (PCR) test

You can arrange a laboratory COVID-19 test online or by the phone. **Please be mindful it can take 48-72 hours for your laboratory test result to come back**. Ensure you arrange the test for 2-3 days before the visit to ensure the result is back in time.

To arrange a test, you can either click the link https://www.gov.uk/get-coronavirus-test or by calling 119.

You will need to state "*I have been told to get a test by my local council, health protection team or a healthcare professional*" when arranging your test. Explain you have been asked for the test to be undertaken by a healthcare professional, even though you do not currently have any symptoms.

How to arrange Rapid (Lateral) flow testing

Asymptomatic (without symptoms) COVID-19 testing is increasingly becoming part of normal life and anyone can now access home test kits from collection points across South Wales. These Rapid Flow Covid-19 tests are designed to be performed at home and provide reassurance that you are not carrying the COVID-19 virus without displaying any symptoms. These tests are not suitable if you have symptoms, in this instance, you should contact 119 and book a laboratory test.

Rapid Flow Covid-19 tests can be ordered online for home delivery or collected from Local Testing Sites (LTS). The following Sites are open to collect Rapid Flow Covid-19 tests from 08:00-13:00 Monday to Sunday:

1. Pontypool Testing Site: Old Mill Car Park, Trosnant Street, Pontypool, NP4 8AT
2. Bettws Testing Site: Lambourne Way, Bettws, Newport, NP20 7DZ
3. Rhymney Testing Site: Brewery Lane, Rhymney, NP22 5EZ
4. Pillgwenlly Testing Site: Commercial Road, Pillgwenlly, NP20 2PL 5.
5. Duffryn Testing Site: Duffryn Drive, Duffryn, Newport, NP10 8TE

Alternatively, Rapid Flow COVID-19 tests can be ordered online for home delivery:

https://test-for-coronavirus.service.gov.uk/order-lateral-flow-kits

Process for attending/visiting:

1. Please arrange and complete a laboratory (PCR) test 2-3 days before your visit.
OR
2. Collect Rapid Flow Covid-19 tests or order online for home delivery in advance of your visit. Complete a test on the day of your visit. Submit your Rapid Flow Covid-19 test result on the NHS online portal. Please note, information and guidance will be included in your Rapid Flow Covid-19 tests kits.

3. Attend the visitor screening desk/hub at the antenatal clinic or at the hospital.

4. Provide your proof of your negative COVID-19 test (**without this you may be refused entry**).

5. Complete a Questionnaire and Disclaimer on arrival.

6. You will be provided with Personal Protecting Equipment (PPE) appropriate to you.

7. Ensure you comply with our Covid-19 restrictions whilst on site for the protection of you and your loved ones.