SELF-TESTING WITH A LATERAL FLOW DEVICE (LFD)

HAVE YOU HAD A POSITIVE COVID TEST IN THE LAST 90 DAYS?

YES

DO NOT partake in the Lateral Flow Device programme until at least 90 days after recieveing a positive result.

NO

Do you have any of the following symptoms?

- **High temperature**
- **New continuous cough**
- **Loss of taste or smell**

NO

Perform Lateral Flow Test

YES

INFORM YOUR LINE MANAGER.

Call **0300 30 31 222** or email **abb.covid-19testingunit@wales.nhs.uk** to arrange a test.

You and your household will need to self isolate as per public health guidance.

POSITIVE LFD RESULT

Inform your line manager immediately of the **positive** LFD result and arrange for a confirmatory test by calling **0300 30 31 222** or email **abb.covid-19testingunit@wales.nhs.uk**

Until the laboratory result is known, **you, and your household, must begin self-isolation** in line with public health guidance.

INVALID LFD RESULT

Repeat the test with a new lateral flow device from the same kit.

NEGATIVE LFD RESULT

If the result is **negative** and you are asymptomatic, attend work as usual.

POSITIVE PCR RESULT

If your PCR tests POSITIVE, you should not undergo further Lateral Flow Testing for a period of 90 days from the date of the positive result. You and your household should remain in self-isolation as stated by the PHW guidelines

NEGATIVE PCR RESULT

If the PCR result is **NEGATIVE,** you and your household may **stop self-isolation and return to work as normal** after informing your line manager as normal