

Our Plan for Recovery from COVID-19

*Supporting people through
Covid-19 Recovery*



Person Centred Care

Care developed in response to individuals needs not limited to a diagnostic label.

Prompt Response to Research

Monitoring emerging evidence and learning from examples of good practise.



Empowering People in Recovery

To provide Information, resources and personalised plans to help people feel empowered in their recovery.



Supporting People in the Journey

Continuity of care and advice, recognising the unpredictability of the recovery process.



Deliver Close to Home

Using telephone and online communication and linking with local expertise.



Using the Latest Technologies

Mobile phone applications to support care and facilitate communication with our team.



Specialist Services Expertise

Rapid access to a wide network of specialist advice and guidance



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Developed and delivered by



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