



Rhaglen
Ymgysylltu
Ystyrlon

Meaningful
Engagement
Programme

Meaningful Engagement is an interaction between two or more people, that is beneficial to all participants. It can be as simple as having a cup of tea or a chat, putting on a piece of music and listening together or going for a walk together.

The purpose of meaningful engagement is to promote person centred care, ensuring the person is valued, has a sense of purpose and ensuring they feel listened to, included and understood. It is important to learn as much as you can about the person and tailor engagements to their interests. Involving carers and relatives and completing a 'This is Me' or "All about me" document can help us understand and tailor activities and engagement approaches to suit the person.

Helpful information Resources and Web pages.

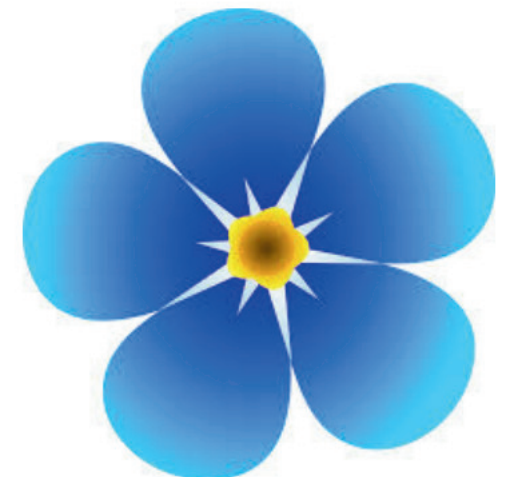


Scan to access the
Dementia specific web
page which has up to date
information and links to
services and resources.

For information please contact
abb.pcctdementia@wales.nhs.uk



**Dementia Care in
Aneurin Bevan
University
Health Board**



The Patient Experience and Involvement Team support Person centred Dementia care and work across the county of Gwent.

Improving Dementia Care and Support

In line with the All-Wales Dementia Pathway of Care Standards, we aim to improve dementia care and support for the citizens of Gwent.

We aim to work with all agencies and members of the community to develop services to help people to live with a dementia.

There are various groups supporting us to meet the aims of the standards, anyone can get involved through the Citizens Listening Programme, contact the team to find out more.

abb.pcctdementia@wales.nhs.uk

Dementia Friendly Hospital Charter.

The Dementia Friendly Hospital Charter for Wales, launched in 2022 offers a set of guidelines that helps all hospitals in Wales to create the right support, environment and resources to help the person with dementia and their carer whilst they are in hospital.

Brain Health For Everyone

Research has identified 14 Risk Factors for Dementia; this provides us all with opportunities to improve our Brain Health with a focus on lifestyle. Research also shows that 40% of dementia cases could be prevented by changes to lifestyle.

We welcome the opportunity to share this message and information with groups within the community.

Learning about Dementia

Learning opportunities can be offered on a variety of subjects related to dementia, either delivered in person, virtually, or by accessing a pre-recorded session.

Dementia Companion Volunteers

The Ffrind i Mi team recruits volunteers to support people with dementia whilst in hospital, care homes and in the community.

