Mapping, Education & Carers Service.

Aneurin Bevan University Health Board.

A FREE information course facilitated by

NHS professionals specialising in dementia care, with guest speakers from within the NHS, Emergency Services, Social Care and Third Party organisations.

Local venues, Face-to-Face Courses and Online Out-of-Hours
Courses are available.

Please call the MECS Team on <u>01495 768627</u> or emailabb.oamhdementiaservices@wales.nhs.uk for information for your local area Or alternatively talk to a health or social care professional for a referral.

FREE INFORMATION COURSE

Do you know someone living with Dementia?

WHAT IS DEMENTIA

BRAIN CHANGES & EFFECTS IT MAY HAVE ON THE INDIVIDUAL LEGAL MATTERS/LASTING POWER OF ATTORNEY/ MAKING A WILL

ADVANCE CARE PLANNING

HEALTHY LIFESTYLE

LIVING WELL & SAFELY AT HOME

FINANCIAL ENTITLEMENTS

IMPORTANCE OF PHYSICAL HEALTH

AND MUCH MORE ADVICE & SUPPORT





Mapping, Education & Carer's Services.

Ysbyty'r Tri Chwm

College Road

Ebbw Vale

NP23 6GT

01495 768627

ABB.OAMHDementiaServices@wales.nhs.uk