












Gwent Dementia Friendly Communities

Lunch and Learn Sessions!

Digital Communities Wales and Gwent Dementia Friendly Communities have arranged a series of FREE training sessions for people living with dementia, their family, friends, carers, and professionals, or for anyone who would simply like to learn more about how we can improve the lives of those living with dementia through digital activities, tools and devices.

Scan the QR codes to register your place now!

Digital Tools to Support People Living with Dementia 7 th February 12:00 – 1:00		Digital Accessibility 6 th March 12:00 – 1:00	
Smart Speakers and Devices 3 rd April 12:00 – 1:00		Reminiscence 1 st May 12:00 – 1:00	
Digital Storytelling 5 th June 12:00 – 1:00		Digital Health and Wellbeing 3 rd July 12:00 – 1:00	
Sensory Apps 7 th August 12:00 – 1:00		Inspiring Digital Activities 4 th September 12:00 – 1:00	
Collecting Digital History 2 nd October 12:00 – 1:00		Introduction to Online Safety 6 th November 12:00 – 1:00	
Staying in Touch 4 th December 12:00 – 1:00			

If you would like any additional information, please contact:

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