

Understanding as much as you can about the person living with Dementia and working with **carers and relatives** can help you better understand and tailor activities and engagement for each individual, supporting what matters to them.



## Scan to access ABUHB Dementia Page



## Scan to learn more about Meaningful Engagement



## Contact Us

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# Meaningful Engagement Programme



Rhaglen  
Ymgysylltu  
Ystyrlon



Meaningful  
Engagement  
Programme

# Our Services

**The Patient Experience & Involvement Team are working in partnership to promote the benefits of Meaningful Engagement**

**Meaningful Engagement promotes person centred care, valuing people and ensuring they feel listened to, included and understood.**



**Gwent sy'n Deall Dementia  
Dementia Friendly Gwent**



## **Meaningful Engagement :**

- Offers structure and purpose to a person's day**
- Reduces stress, frustration and boredom**
- Increases people's social interaction**
- Relieves anxiety**
- Improves overall emotional and physical wellbeing**