

WORKING TOGETHER FOR RINGLAND

Welcome to the fifth edition of the Ringland Newsletter bringing you the latest updates on the creation of the Ringland Campus; which includes the Health and Wellbeing Centre, the Shops Regeneration and the Hub.

With so much activity by a number of organisations, it made sense to combine it all into one place. We are keen to communicate any relevant information regarding the new developments but also shine a light on the fantastic work of organisations and community groups in the area.

If you are aware of, or part of a community groups, schools PTA or voluntary organisations and would like to share your successes with the wider area, please get in touch.



Lovells and Newport City Homes are responsible for administrating the Community Benefit process as part of the Ringland Developments. Community Benefit can offer monetary support, advice, information, and practical expertise that meets the needs of the community. We are looking to support the community in ways that will enhance the wider community. This could include, for example: buying small items of equipment; minor building works; help with activities, events, and projects; business development and start-ups; pilot projects. Newport City Homes we are keen to support community groups around the following themes:

- Providing employability support
- Promoting safer and more connected communities
- Financial Inclusion support
- Helping with Digital Inclusion
- Promoting Health and Wellbeing

To apply, or seek further information, please email: Meriel.gough@lovell.co.uk and communitybenefits@newportcityhomes.com the most relevant partner will get back to you and listen to your ideas. We can then support you by provide the information to apply for Ringland Community Benefits.

LOVELL & NEWPORT CITY HOMES

Ringland Regeneration Update

The Ringland Regeneration project is progressing well, bringing new homes, shops, and better connections to the community. Here is what's happening:

- We are making the buildings watertight by completing the roofs, installing windows, and finishing the brickwork. This allows us to start building the internal walls for the new flats.
- On the ground floor, we are creating individual spaces for the new retail units, bringing more local amenities.
- During Milton Primary School's summer break in 2025, we will build a new footpath connecting Hendre Farm Road and Ringland Way, making it safer and more accessible for pedestrians.
- We have completed electrical cabling from the new substation and will install the gas supply during the Easter school holidays in 2025 to minimise disruption.

We appreciate your patience and support as we work to improve the area for everyone.

Newly refurbished park opens in Ringland

Following a series of community consultations in 2024, residents of Ringland, Newport, expressed a strong desire for more parks and outdoor spaces.

In response, Newport City Homes, Lovell's client for the Ringland Regeneration development in Newport, instructed Lovell to upgrade the playground at Edward German Park, situated next to the site.

Lovell's contractor, HAGS, carried out a full refurbishment, removing the old play equipment and installing a brand-new, modern play area. The project was completed in four weeks, with a total investment of approximately £50,000, fully funded by Newport City Homes.

The grand reopening took place on Friday, 17th January 2025.



St. Gabriel's R.C. Primary School Visits the Ringland Regeneration Development

On 18th March 2025, a group of 29 excited students from St. Gabriel's R.C. Primary School took a short walk from their school to visit the Ringland Regeneration development in Newport.

Accompanied by Joe Hawkins, Lovell Site Manager, Charlotte Holder, Lovell Community Development Coordinator, and Rebecca Sluman, Newport City Homes Community Relationship Officer, the children were eager to learn more about how buildings are constructed and the materials used to bring developments to life.

As soon as they arrived on-site, the students' curiosity kicked in. Joe started by asking them a simple but thought-provoking question: "What is concrete?" Hands shot up as the children took turns guessing, but they were fascinated when Joe explained how concrete is made and why it's such a vital material in construction.



To bring the lesson to life, Joe had prepared buckets filled with stone, aggregate, and ready-mix concrete. He carefully demonstrated the different stages of making concrete, explaining how each material plays a crucial role. The students listened intently as he highlighted the importance of PPE, such as dust masks and gloves, when handling and mixing concrete.

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To take their learning even further, Joe showed a video linking modern construction to Roman engineering, helping the kids see how Lovell's work today mirrors the ingenuity of the past. This sparked even more excitement, with students asking a flurry of questions about different types of rocks and materials used in construction.

Their enthusiasm grew when Joe brought out real construction materials, including a small lintel, concrete bricks, and blocks.

Seeing these items made the lesson truly come to life, helping them understand how these everyday materials form the buildings around them.

At the end of the visit, Lovell gifted each student a branded sharpener and pencil, a small keepsake to remember their inspiring day of learning. The students left with big smiles, new knowledge, and a greater appreciation for the world of construction.

Spreading Festive Cheer for Local Schools

Lovell and Newport City Homes, with the generous support of Lovell contractors, brought festive joy during Christmas 2024.



The Ringland Regeneration team sourced raffle prizes for Milton Primary PTA's Christmas Fayre, donating the following in November 2024:

- Morgans of Usk Ltd: Tesco voucher
- Millisun: Miller & Carter voucher
- Aegis: Miller & Carter voucher, Greggs voucher, M&B Dining Out voucher
- Atkin: One4All voucher
- Lovell and Newport City Homes also created three hampers filled with goodies for Milton Primary School, Ringland Primary School, and St Gabriel's Primary School.

The proceeds supported vital school resources and enriched children's education.

KIER'S COMMUNITY BENEFITS INITIATIVES IN RINGLAND

Kier Construction have enjoyed delivering community benefits in the Ringland area during the construction of the 19 Hills Health and Wellbeing Centre. Throughout the project, the team have been committed to enhancing the local community and creating positive impacts through skills development, employment opportunities, and partnering with local organisations. We have worked with several local schools and community groups, including Ringland Primary, Coleg Gwent, Newport Youth Academy, and Newport Live. Delivering community benefits has been a rewarding aspect of the project, and the Kier team are proud to have played a part in Ringland's continued growth and overall wellbeing.



Our community benefits initiatives on this project have included:

- Re-tarmacing and extending the entrance of the Ringland Labour Club.
- A Christmas community donation project for the Newport Live Christmas Cwtch appeal. We collected £3000 worth of essential items for Newport Live, who support homeless young people and families in need.
- Donation of two daffodil planters to the Ringland Hub.
- Trip to a steel factory for Ringland Primary School.
- Site visits for 56 Coleg Gwent students.
- 4-week work experience rotation for 2 young people from the Newport Youth Academy.
- Quantity Surveying Workshop at Coleg Gwent.
- Art Workshop at Llanwern High School in collaboration with local artist Andy O'Rourke.
- 12 desks donated to Llamau Homeless Charity.
- Supplied catering and activities for a Ringland Over 50s Wellbeing Event.
- Attended 3 Careers Fairs to discuss career and training opportunities in construction.
- Donation of two picnic benches from our outdoor wellbeing area to Ringland Primary School at the end of the project.

19 HILLS HEALTH & WELLBEING CENTRE

We are delighted that 19 Hills Health and Wellbeing Centre is now open to patients. Please note that only a number of services are currently open to patients. A full list can be found below:

Services currently available at 19 Hills Health & Wellbeing Centre:

- GP Services for Ringland Medical Practice
- District Nursing
- Health Visiting
- Podiatry
- Speech and Language Therapy
- Sexual Health
- Primary Care Mental Health Services
- Minor Ops Podiatry
- Wellbeing Activities
- Dietetics
- Weight Management
- Paediatric Recovery from Illness
- Community Dental Services



Please note that 19 Hills Health & Wellbeing Centre is a **smoke free zone** and enforcement officers will be issuing fines to those found smoking on the site.



ABUHB UPDATE

Coming Soon - start date to be confirmed:

- General Dental Services
- GP Practice: Park Surgery
- Audiology
- Memory Assessment Clinic
- CAMHS
- LAC
- Adferiad
- Child and Family Psychology
- School Nursing



Defibrillator installed outside 19 Hills Health & Wellbeing Centre

A defibrillator has been installed on the external wall of 19 Hills Health & Wellbeing Centre. A defibrillator could help save a life of someone who has a cardiac arrest. The defibrillator will be registered on the national defibrillator network, so if someone needs to use it the emergency services know where it is and can access it in an emergency.



Community Dental Services

Community Dental Services are now available at 19 Hills Health & Wellbeing Centre and will no longer be based at Clytha Clinic. The entrance is via the glass doors, opposite the staff car park on the left of the main entrance to the site from Ringland Circle.



19 HILLS WELLBEING OFFER

Digital Communities Wales

Cwmpas are in the process of delivering work in partnership with Digital Health and Care Wales (DHCW). We are looking for community hubs and organisations who would be interested in hosting Digital Champions to provide support to members of the public. The support would be focused around the NHS Wales App, and will provide people at the hubs the opportunity to get involved with a test piece of work, to understand how this support can be rolled out across Wales.



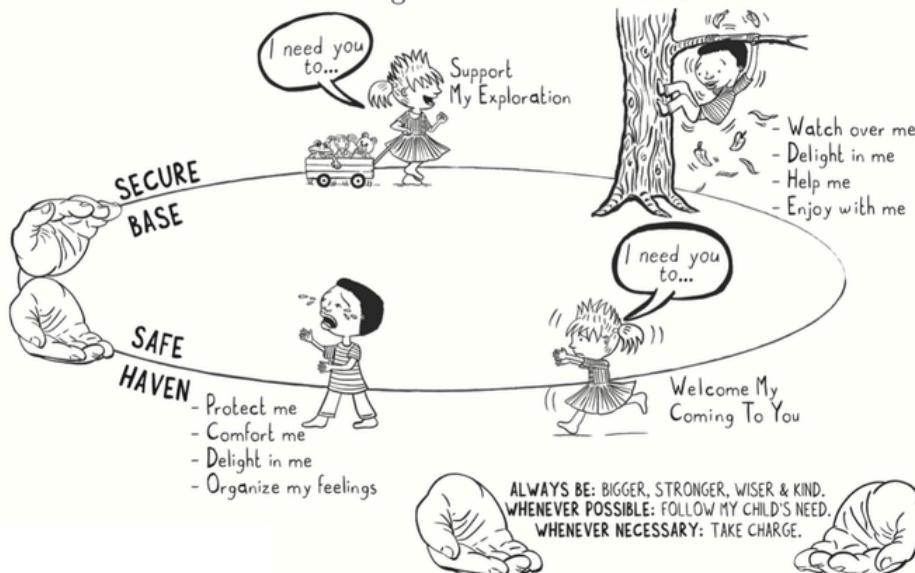
We are interested in piloting this project in 19 Hills to support the patients accessing the building who may not be confident in using health and wellbeing apps and websites. If you are interested in receiving support through this service, please email info@yournewport.co.uk.

Early Years team to deliver Circle of Security workshops

Newport City Council's Early Years Team will be delivering their Circle of Security workshops from early May 2025. This is a fantastic opportunity for parents to understand their children's behaviour and their own responses to it.

Circle of Security®

Parent Attending To The Child's Needs



By having a greater awareness, and equipped with some great tools and advice, Circle of Security can really help towards building secure attachments with our children.

Newport City Council

Community Orchard Planting

In February, the council held a planting day at our new community orchard site in Ringland.

Pupils from St Gabriel's RC and Ringland primary schools came along to help plant crab apple, plum and pear trees.

The orchard, which is located just off Dunstable Road, is one of a number of planned community orchards across Newport.

Council approves 2025/26 budget

The council's budget plans for 2025/26 were approved at February's full council meeting.

The plans include:

- more money for improving roads, bus shelters and pavements
- Extra investment in our street cleaning and grass cutting teams
- money to develop options to switch on streetlights overnight
- money to develop options to reopen some public toilets
- Protection of library sites and community centres
- Protection of the council's newspaper, Newport Matters



Speaking about the plans, Councillor Dimitri Batrouni, leader of Newport City Council, said: "Our priority has been to listen and understand what is most important to our residents. Those doorstep issues, the things we all encounter every day, are firmly at the top of our agenda.

"This investment comes alongside a promise of considerable investment in essential services such as education, housing and social services. But we do understand these services are often only 'felt' by a relatively small proportion of residents.

"More street cleaning and grass cutting response squads were the first of our 'bread and butter' proposals, but I hope that these announcements show we understand that people want better roads, a cleaner city, improved lighting and local facilities – and that these changes will make a real difference to for all residents on a day-to-day basis."

Newport City Council

Flying Start expansion

Even more families in Newport are now eligible for part-time high-quality childcare as part of the Flying Start expansion.

It is part of a Welsh government programme that helps families with children under four years old in certain areas.

As well as part-time childcare for two to three-year-olds, it includes an enhanced health visiting service, access to parenting support and support for speech and language development.



A commitment by the Welsh government to extend the childcare element to all two-year-olds is being introduced in a phased approach.

Phase two is underway in Newport and extends the provision of childcare to families in even more areas of the city.

Preparations are now being made for the next phase of the expansion and details will be made available as soon as confirmation is received from Welsh government.

Current and prospective parents are being encouraged to register with the council so they can receive more information if they are eligible now or in the future

<https://rb.gy/hexqdw>

Newport Live

Newport Live has a range of activities for everyone including many which are free and community-based events.

Swimming

Did you know that we offer Free swimming to certain groups? Free swimming allows 0 – 16 years old, over 60s, members of the armed forces and veterans to swim for free at selected times at the Regional Pool & Tennis Centre and the Active Living Centre. [Newport Live | Free Swimming](#)



Momentwm

Our Momentwm programme is designed to help encourage residents, commuters and visitors in and around Newport to change the way they think about and choose to travel in the city.

The schemes will help people reduce their travel costs, improve the quality of our local environment, help reduce road congestion and unlock the physical and mental health benefits that a more active lifestyle provides. It includes bike skills, bike maintenance and walking programmes including our popular Momentwm walks which take place at various locations across the city.

www.newportlive.co.uk/momentwm

Good Boost

Our Good Boost programme aims to improve people's lives by getting them moving with gentle water-based and land-based exercise in a fun and social environment. So looking after your health becomes a pleasure, not a chore.

Our aquatic rehabilitation sessions are individually tailored using the Good Boost App, designed by musculoskeletal specialists, and are delivered on waterproof tablet computers that are simple to use, allowing participants to progress through their exercises at their own pace. [Good Boost](#)



BUSINESS IN THE COMMUNITY

Uniting for a Better Future: The Pride of Place Programme

For the past three years, the Newport Pride of Place Programme, facilitated by Business in the Community's (BITC), has been a beacon of collaboration and community spirit. This initiative brings together businesses, community organisations, the local authority, and other key stakeholders to tackle Newport's most pressing challenges and drive long-term sustainable change.

In recent months, the Newport Place Programme has made strides in supporting the Ringland community including:

- Mentoring at Llanwern High School: Our dedicated volunteers have been mentoring students, providing guidance and support to help them achieve their full potential.
- Newport Live Sessions: We supplied water bottles to young participants, ensuring they stay hydrated and healthy during their activities.
- Christmas Gift Appeal: Through our Christmas Gift Appeal in partnership with The Alacrity Foundation, we brought joy to children in Ringland by providing them with Christmas presents.
- Food Distribution Project: In partnership with The Celtic Manor Resort, we have been distributing tasty, frozen meals on a fortnightly basis to families across Newport, including Ringland.



Call for support

We are committed to continuing our support for the Ringland community and beyond. If your community group or organisation needs assistance, please reach out to Jill Salter at jill.salter@bitc.org.uk to explore how we can help.

Together, we can make a difference and build a brighter future for Newport.



Y SIED



Y Sied is community space on Treberth Crescent, NP19 9TF



What's on?

Breakfast Club



10am - 12pm

Wednesday and
Friday

Keepfit

10:30am -
11:30am

Wednesday -
Tai Chi



12:30pm -
1:30pm

Thursday -
Caribbean Dace

Bingo



1pm

Tuesday

Community Coffee Morning



from 11am

Thursday



If you are looking to host a community based event, please contact the Y Sied Community Group.

Or alternatively, contact POBL to request a more information:

brian.mcguigan@poblgroup.co.uk



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Looking for your next career journey?

With 10 destinations across South Wales from coast and country to town and city, offering a range of world-class facilities, there are plenty of opportunities for you to begin your story at The Celtic Collection.



celtic-collection.com/careers

YOU AND ME

For parents and carers with children
under 5

CRAFTS
SONGS
TOYS

TOAST
& TEA

FREE TO
ALL



STAY AND PLAY FOR UNDER 5'S
TUESDAYS 1:00 - 2:30 PM

RINGLAND PRESBYTERIAN
5 BEATTY RD, NP19 9GG

For more details contact
07396 867494

Ringland Community Litter Pick



LOVELL



cadwch keep
gymru'n wales
daclus tidy

Date: Tuesday, 29th April 2025

Time: 11 AM- 12:30 PM

Location: Meet at the Ringland Presbyterian church
Community Café at 5 Beatty Road, Newport NP19 9GG

Join your neighbours to help tackle the litter in the Ringland area. Keep Wales Tidy will provide equipment including a litter picker, hi-vis vest, rubbish bag, and a bag hoop.





Food

- **Breakfast Bap**
Choice of bacon, egg, sausage, mushrooms
- **Jacket Potato**
Fillings - Tuna mayo, beans, cheese
- **Toasties**
Fillings - cheese, tomato, mushroom, ham
- **Soup and a roll**

£2 each

extra fillings .50p



Drinks



- Tea - free refills £1
- Filter Coffee - free refills £1
- Hot chocolate £1
- Juice £1
- Speciality Coffees £2.50

Add a side of toast with butter
to your hot drink for 50p

Dessert

Ask for today's special

£2



Dementia Hubs

Are you concerned about your memory?

Are you living with, or caring for someone with dementia?

Dementia Hubs are a space to access information, advice and support for people living with dementia.



Gwent sy'n Deall Dementia
Dementia Friendly Gwent

Newport: The Riverfront Theatre, Bristol Packet Wharf, Newport, NP20 1HG

Opening times:

Monday - Thursday: 9am - 4pm

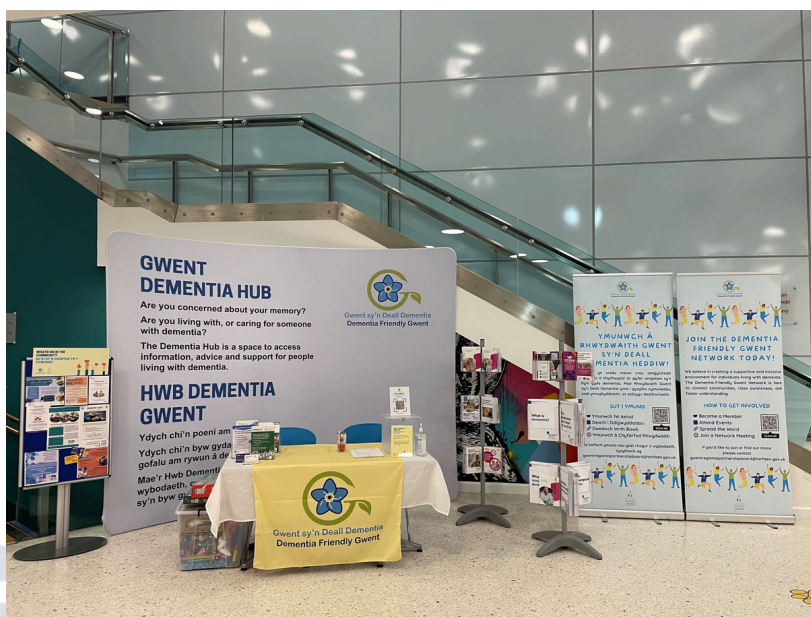
Friday: 9am - 10:30pm

Saturday: 9am - 4pm

Sunday: 2:30pm - 12pm (midnight)

Dementia Hub Multiagency Support Days

Join us for our Multiagency Support Days, held at each Dementia Hub across Gwent, every second Tuesday of the month from 11 AM to 3 PM. These drop in sessions are designed to provide valuable support and advice to community members affected by dementia.



Various professionals from a range of organisations will be in attendance, offering a resources and advice to help you and your loved ones navigate the challenges of dementia. Don't miss this opportunity to talk with experts and find the support you need. We look forward to seeing you there!

Integrated Wellbeing Network

Wellbeing Friends



Are you interested or already provide support and activities for residents of Ringland?

Are you a resident of Ringland, who would like to be more involved in what is happening in your community?

Wellbeing Friends are community members who help to share health and wellbeing information with friends, neighbours and members of the community.

We are actively looking for new wellbeing friends to register and receive monthly information sent via email or Whatsapp that can be shared.

If you, or someone you know, is interested in joining, please email info@yournewport.co.uk with your full name and contact number. We will then add you to our mailing list and send a formal invite to the next meeting.

Nature Prescriptions

In partnership with the RSPB, the Integrated Wellbeing Network in collaboration with key partners in Newport are looking to create and design our prescription project. Partners include a wide range of professionals, including GPs, health professional, social prescribing link workers, wellbeing connectors, health and wellbeing coaches and the experts from our Climate Champions Network and Local Nature Partnerships.

“The Nature Prescription encourages people to connect with nature in a way that is personal and meaningful to them, at a time to suit them. It can be as simple as listening to birdsong or watching a sunset. The prescriptions include a calendar of simple prompts to help people to notice the nature around them.” (RSPB, 2024)



All the support you need, on your doorstep



Your Newport is an online platform connecting you to your community, providing you with the support you need to keep well, stay active and connect with others.

The Your Newport website provides the information you need to support Your Health, Your Home and Your Community, with access to activities and services to enhance your health and wellbeing.

Scan to access our
website.

Or simply visit
yournewport.co.uk



Please share
with your
colleagues,
teams, family,
friends and
networks

