



WORKING TOGETHER FOR RINGLAND

Welcome to the third edition of the Ringland Newsletter bringing you the latest updates on the creation of the Ringland Campus; which includes the Health and Wellbeing Centre, the Shops Regeneration and the Hub.

With so much activity by a number of organisations, it made sense to combine it all into one place. We are keen to communicate any relevant information regarding the new developments but also shine a light on the fantastic work of organisations and community groups in the area.

If you are aware of, or part of a community groups, schools PTA or voluntary organisations and would like to share your successes with the wider area, please get in touch.



Lovells and Newport City Homes are responsible for administrating the Community Benefit process as part of the Ringland Developments. Community Benefit can offer monetary support, advice, information, and practical expertise that meets the needs of the community. We are looking to support the community in ways that will enhance the wider community. This could include, for example: buying small items of equipment; minor building works; help with activities, events, and projects; business development and start-ups; pilot projects. Newport City Homes we are keen to support community groups around the following themes:

- Providing employability support
- Promoting safer and more connected communities
- Financial Inclusion support
- Helping with Digital Inclusion
- Promoting Health and Wellbeing

To apply, or seek further information, please email: Meriel.gough@lovell.co.uk and communitybenefits@newportcityhomes.com the most relevant partner will get back to you and listen to your ideas. We can then support you by provide the information to apply for Ringland Community Benefits.



April 2024

HEALTH & WELLBEING CENTRE



ABUHB UPDATE

The development of the 19 Hills Health and Wellbeing Centre is progressing well and is on track to be completed and expected to open April 2025.

For further information about the development, please visit: **Newport East Health and Wellbeing Centre - Aneurin Bevan University Health Board (nhs.wales)**.

We would like to invite you to a 19 Hills Community Engagement event on Wednesday 8th May 2024 3pm – 6pm, held at Ringland Community Hub. This is a drop-in event to provide information from Aneurin Bevan University Health Board, Kier Construction, as well as other partners and local services regarding the development of 19 Hills Health and Wellbeing Centre.

If you would like to be added to the mailing list to receive updates about the centre including the partnership newsletter, please email: carolyn.frame@wales.nhs.uk.



Due to the amount of work happening across Ringland by Aneurin Bevan University Health Board and Newport City Homes, we understand that there have been a few concerns from local residents about the car parking in the area. Aneurin Bevan University Health Board and Newport City Homes have written a joint statement, shown on page 3.



Work in Ringland: Parking update

Newport City Homes (NCH) and Aneurin Bevan University Health Board (ABUHB) are both carrying out a lot of work in the Ringland area.

NCH are building 158 new homes and rebuilding the shopping centre, and ABUHB are building the new 19 Hills Health and Wellbeing Centre.

Shopping centre car park

Newport City Homes is working with contractor Lovell, demolishing the vacant shops, to make way for building the new homes and shopping centre which will start later this year.

The shopping centre car park is now closed, for the demolition and rebuilding work to take place safely.

Alternative parking is available at the lower car park near Cot Farm Circle. Specific alternative parking arrangements have been made for residents of Milton Court.

We know closing this area might cause some inconvenience, and we're grateful for your patience while we carry out our work to transform Ringland.

Contractor vehicles

We know that having lots of contractor vehicles in the area can impact on-street parking, and we're working closely with contractors and local people to minimise the disruption as much as possible.

Lovell are providing an area within the site, specifically for their staff and contractors to park, to mitigate the impact on the local community. You can see this, as well as other designated areas of the site in the map provided.

For further information, please contact Newport City Homes on 01633 381111.



Find out more about the 19 Hills Health and Wellbeing Centre from Aneurin Bevan University Health Board

www.abuhb.nhs.wales



Find out more about the new homes and shopping centre from Newport City Homes

www.newportcityhomes.com

Digwyddiad Ymgysylltu Cymunedol Galw Heibio 19 Hills

19 Hills Community Engagement drop-in Event



Dewch draw i siarad â Bwrdd Iechyd Prifysgol Aneurin Bevan, Kier Construction, partneriaid eraill a gwasanaethau lleol ynghylch datblygiad Canolfan Iechyd a Lles 19 Hills



Dydd Mercher 8 Mai, 3yp - 6yp

Hyb Cymunedol Ringland

Come along and speak to Aneurin Bevan University Health Board, Kier Construction, other partners and local services regarding the development of the 19 Hills Health & Wellbeing Centre

Wednesday 8th May, 3pm - 6pm

Ringland Community Hub



GIG
CYMRU
NHS
WALES

Bwrdd Iechyd Prifysgol
Aneurin Bevan
University Health Board



NEWPORT
CITY COUNCIL
CNGOR DDWYS
CASNEWYDD



HEALTH & WELLBEING CENTRE

KIER UPDATE

Over the last few months, we have been progressing the roof and envelope works and are nearing watertightness in the coming weeks, including the installation of external windows and doors. Meanwhile we have commenced internal partitions and the installation of mechanical services that will provide heating and ventilation to the building.



Whilst we continue works inside, we will continue wrapping the building with the finished brickwork and cladding façade. This building is being constructed to Passivhaus standards, meaning it will be well-insulated and airtight to ensure energy efficiency and low running costs over the lifecycle of the building.

In March, we have partnered with the Newport Youth Academy to provide work experience opportunities for two young people interested in pursuing careers in the construction industry. Across a period of 4 weeks, we facilitated work experience rotations alongside four of our subcontractors. This allowed the participants to gain exposure to various trades and explore different career paths.

Both individuals thoroughly enjoyed their time on-site and acquired valuable knowledge from their experiences. As a result of this program, one of the young participants has expressed interest in returning this month to further develop their skills in the trade they most enjoyed – roofing and cladding.



In recent weeks, we have also attended the Coleg Gwent careers fair, facilitated several site visits for college students, and commemorated St David's Day by donating planters filled with vibrant spring flowers to Ringland Hub.





April 2024

LOVELL UPDATE

Lovell have completed several significant milestones at our Ringland Regeneration site. We have successfully completed the partial demolition of the shops and flats, allowing us to move forward with our redevelopment plans.

Additionally, our site setup, including the installation of car parking facilities and boundary fencing, has been finalised, ensuring a safe and organised working environment.

Currently, our focus has shifted towards installing new drainage and foundations for 12 new retail units and 38 new homes. This crucial phase marks the beginning of the construction process, laying the groundwork for the development with a dedicated team working diligently to ensure progress according to the programme.

Looking ahead, the piling activities for the retail blocks are scheduled to commence throughout the coming months.



joe.hawkins@lovell.co.uk



Donation of Topsoil to Ringland Primary School

Ringland Primary School received a full tonne of topsoil donation provided free of charge by Lovell supply chain partner Jewson.

This generous donation has made the school children and their parents excited and wasted no time in putting the soil to good use.

With eager hands and green fingers, the children and their parents have been busy filling planters and raising beds with topsoil, preparing the perfect environment for planting seeds.

This hands-on activity not only promotes teamwork and community spirit but also provides invaluable learning experiences about gardening, sustainability, and the natural world.

Lovell also contributed to environmental conservation efforts by donating 30 tubes of seeds specifically designed to support pollinators.

Community Information Event



Artist's Impression of Elderwood Park

Wednesday 1st May 2024, 2.30pm - 6.00pm

Ringland Community Centre

East Hub, 282 Ringland Circle, Newport NP19 9PS

We would be delighted to welcome you to the Ringland Regeneration - Community Information Event where local residents will have the opportunity to meet the project team and learn more about the proposed development.





April 2024

Over 50's Network at Y Sied



FREE WEEKLY PROGRAMME
of activities, exercise and companionship...



50+

...for those in later life with mobility or health challenges or who just want to make new friends

Session Every Wednesday:

Y Sied, Cartref Yn Y Coed, Treberth
Crescent, Newport, NP19 9TP

10.30am - 11.30am

Part of the balanced lives programme

Gentle movement
Basic Health Advice
Learn new life skills

Meet people of similar age and interests
Plus some suggestions to improve
your overall health and well-being

NO BOOKING REQUIRED

For further details contact us on:

03033 030 132

Email us at: info@actionforelders.org.uk

Action for Elders is a registered charity relying solely on donations

TEXT COMMIT to 70085 to donate £3



Action for Elders

Action for Elders are hosting a weekly hour-long tai chi session at Y Sied community space in Treberth.

This is open to over 50s and provides the opportunity to engage in low impact exercise with the emphasis on mobility and wellbeing.

The session runs from 10.30am-11.30am every Wednesday.

Come along, try something new and meet new people!

Are you a mobile hairdresser looking for a community space?

An exciting opportunity has arisen for a hair enthusiast looking to make a positive impact in the local community! Rent a chair at our community hub Hairdressing Salon at Y Sied community space in Treberth.

Open Monday-Friday, you'll have the chance to showcase your incredible hair skills whilst working alongside the community! You'll be making a difference and have the chance to brighten the day of the residents.

Contact Brian McGuigan at Pobl for more information on brian.mcguigan@poblgroup.co.uk



Ringland Community Centre

The **Newport Youth Academy** is an inspirational, life changing provision for the young people of Newport aged between 16 and 19 years old not in employment, education or training (NEET).

The academy is one of Newport's largest training providers with over six years of experience delivering training to young people and supporting them into employment and higher/further education.



Promo provision - https://youtu.be/-ugqVST1HOc?si=sb_PjJR8PZwr7ZcC

Promo learner interview - <https://youtu.be/8sntpQxvu3U?si=SvkKRomWjolxeM-9>

Promo learner interview - <https://youtu.be/cfZBnnxGkg4?si=NauMndP7jSK3OOH>

Promo STEM project - <https://youtu.be/e8na9L1Bp-A?si=w5TN1TKMmq7nwrTP>

Funded by
UK Government



Live wise, be wise



Information and guidance on budgeting; managing utility bills, rent advice and much more.

RINGLAND COMMUNITY CENTRE - 9 April; 7 May; 11 June (including youth budgeting session) and 9 July (3pm-5pm)

RASCAL HOPE CENTRE, SOMERTON - 10 April; 8 May; 12 June and 10 July (2pm-4pm)

ALWAY COMMUNITY CENTRE - 11 April; 9 May; 13 June; 11 July (2pm-4pm)

MOORLAND AND BROADMEAD COMMUNITY CENTRE - 16 April; 14 May; 18 June; 16 July (4pm-6pm)

MAESGLAS COMMUNITY CENTRE - 17 April; 15 May; 19 June; 17 July (3pm-5pm)

PILL MILLENNIUM CENTRE - 18 April; 16 May; 20 June and 18 July (4pm-6pm)

MALPAS COURT - 23 April; 21 May; 25 June; and 23 July (2.30pm-4.30pm)

COMMUNITY HOUSE ETON ROAD - 30 April (including youth budgeting session), 4 June; 2 July (4.30pm-6.30pm)

SHAFTESBURY COMMUNITY CENTRE - 1 May (including youth budgeting session), 5 June; 3 July (4pm-5.30pm)

BEAUFORT CENTRE - 6 June (including youth budgeting session and 4 July (3.30pm-5.30 pm)



Cost of Living

Drop in Support

Ringland Community Centre

7th May - 3pm-5pm

11th June - 3pm-5pm

Alway Community Centre

9th May - 2pm-4pm

13th June - 2pm-4pm

11th July - 2pm-4pm



Integrated Wellbeing Network

Ringland Collaborative



Are you interested or already provide support and activities for residents of Ringland?

Are you a resident of Ringland, who would like to be more involved in what is happening in your community?

Did you know that a network of partners meet bi-monthly to discuss all the support and services available for the area?

The Integrated Wellbeing Network has a Ringland Collaborative group that wants to remain community led and share good work that may be happening in the area. We can only do this with the input from those who live, work and know the area.

We are actively looking for community members, voluntary organisations, community group members and community champions to join the Ringland Collaborative.

This is an opportunity for those who may want to become more involved in how services are delivered and also a chance to shape the future community opportunities, by bringing your skills and local knowledge to the table.

A range of partners and organisations are already involved including Aneurin Bevan University Health Board, Newport City Council, Newport City Homes, Gwent Police, Natural Resources Wales, Gwent Wildlife Trust MIND and many more.

If you, or someone you know, is interested in joining, please email info@yournewport.co.uk with your full name and contact number. We will then add you to our mailing list and send a formal invite to the next meeting.



B A Support System

Join Napier Friends and come to our Men's Wellbeing workshops, hosted by **Beyond Equality** as part of our **Men's Community Hub** in South Wales. A space to discuss your mental wellbeing and pick up tools to support yourself and the boys.

Email - Chloe.A.Cheal@wales.nhs.uk

Please email your interest for these sessions - they are **free** and will be held in Ringland Labour Club from June.



April 2024

THE ONLINE CONNECTION TO YOUR COMMUNITY

Your Newport, Your Wellbeing.

A **free** wellbeing map to help you find
**wellbeing services, activities &
organisations** in Newport.

yournewport.co.uk

casnewydd
eich lles



your newport
your wellbeing



With everything from clubs and activities, to groups and organisations, you can use this free map to find things to help you and your family enhance your health and wellbeing.

You'll find all the information you need to take part in activities or to ask for help, which you can use to start improving your well-being today!

If you are a community group or organisation and would like to be added to the online directory and interactive map, please send us an email to: **info@yournewport.co.uk**.



 info@yournewport.co.uk

www.yournewport.co.uk