

Name: Patient x		Location: Bed 14		Date: 15/08/23		Body wt kgs: 52.6kg	
Date of birth: 20/10/42		Food Chart requested by: Dietitian				Date recorded: 12/08/23	
Meal/Snack	Foods / nutritional supplements / drinks / nourishing drinks / special diets eg pureed	Amount Taken				Action and Signature	
		Portion served (SML)	Amount eaten (None, 1/4, 1/2, 3/4, All)	Fluid consumed (mls)	Fluid Output		
Breakfast Cereal Milk/Sugar Cooked items Bread/toast Spread Drinks	Water	200ml	All	200ml	N/A	J. P	
	Cornflakes	M	1/2				
	Whole milk						
	Toast	x1 slice	All				
	Butter						
	Milky Coffee	200ml	All	200ml			
Mid Morning Snacks Drinks	Fruit juice	200ml	All	200ml	N/A	J. P	
	Shortbread biscuits	x2	1				
Lunch Soup Main item Potato/Rice Vegetables Pudding Drinks	Vegetable soup	M	All		N/A	J. P	
	Chicken in gravy	2 slices	1 slice				
	Roast potatoes	M	1 potato				
	Peas	S	1 spoon				
	Cake and custard	M	All				
	Water	200ml	1/2	100ml			
Mid Afternoon Snacks Drinks	Crackers and cheese	x2	All			J. P	
	Milkshake	200ml	All	200ml	N/A		
Dinner Soup Main item Potato/Rice Vegetables Pudding Drinks	Chicken soup	M	None			J. P	
	Battered cod	1 portion	All				
	Mash potato	2 scoops	1 scoop				
	Peas	S	All				
	Strawberry trifle	M	1/2				
	Water	200ml	All	200ml			
Supper Snacks Drinks	Milkshake	200ml	All	200ml	N/A	J. P	
	Water	200ml	1/4	50ml			
Night Time Snacks Drinks	3x custard creams	x3	All		N/A	J. P	
	Tea	200ml	All	200ml			
Total fluids consumed in 24 hours/Total fluid output in 24 hours				1550ml	N/A	J. P	
Any other nutrition							