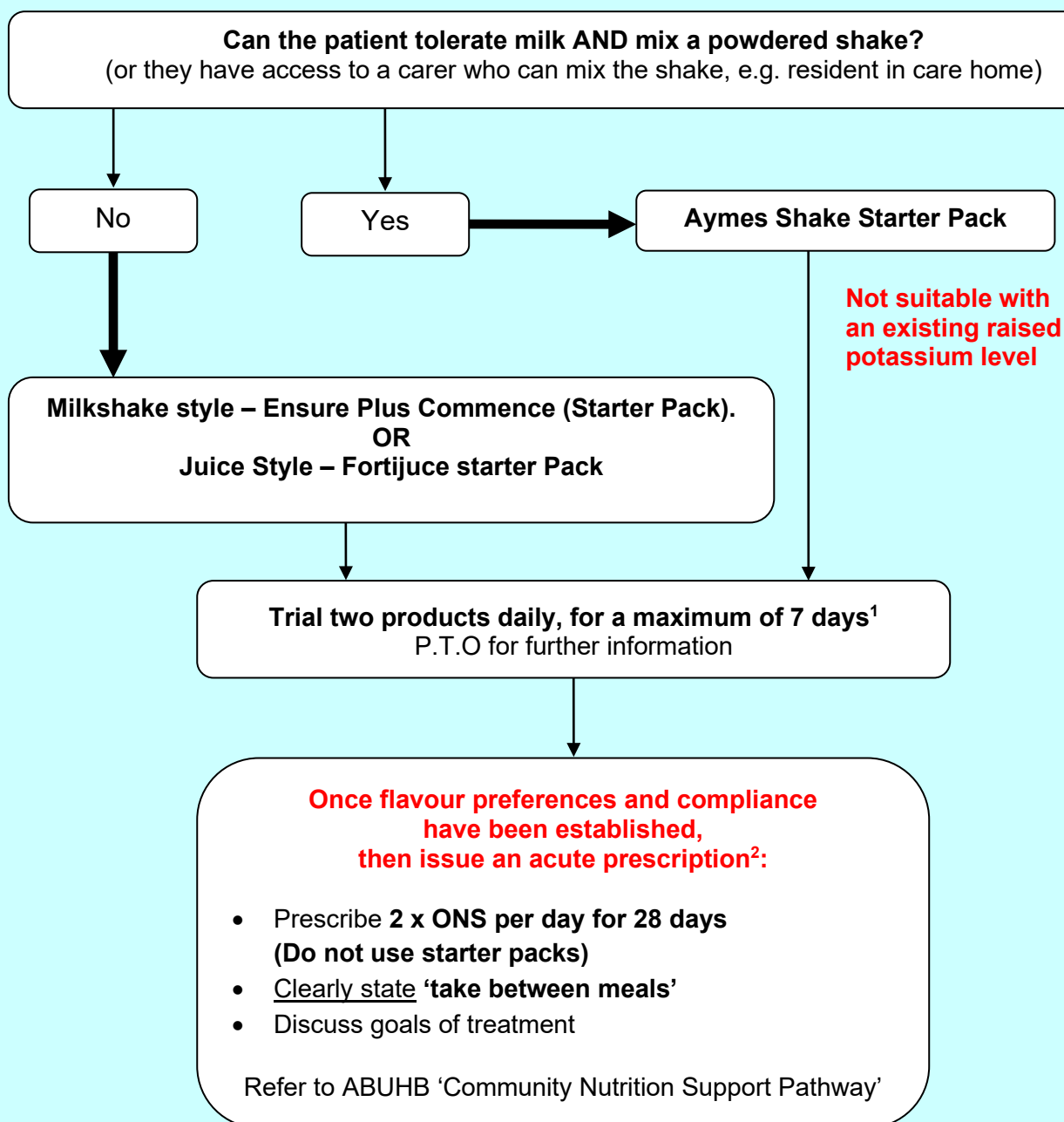


Prescribing Guide **for Oral Nutritional Supplements**



**If you require further information, please contact:
ABUHB Community Nutrition Support Dietitians on 01633 261455**

The Advisory Committee of Borderline Substances (ACBS) recommends that nutritional supplements can be prescribed for the conditions below, with WP10s endorsed ACBS:
disease related malnutrition; dysphagia; pre-operative preparation of under-nourished patients; intractable malabsorption; bowel fistulae; short bowel syndrome; treatment following total gastrectomy; continuous ambulatory peritoneal dialysis; haemodialysis; proven inflammatory bowel disease.

¹Product information for maximum 7 day trial on acute prescription

Product presentation	Quantity for up to 7 day supply	Directions	Cost
Aymes Shake Starter Pack 5x 57g sachets(285g)	2 boxes	1 sachet twice daily mix with 200ml whole milk	49p per sachet (starter pack only)
Ensure Plus Commence 10 x 200ml bottles	1 x box	1 bottle twice daily	£1.11 per bottle
Fortijuce starter pack 4 x 200ml bottles	3 boxes	1 bottle twice daily	£2.02 per bottle

Once flavour preferences and compliance have been established, issue an acute 28 day prescription

Please note: two products per day is the recommended dose

²Ready reckoner for a 28 day supply

Product presentation	Quantity for 28 day supply at 2 x ONS per day	Directions	Cost for 28 day supply at 2 x ONS per day
Aymes Shake 7 x 57g sachets	56 x 57g sachets (3,192g) 8 boxes	1 sachet twice daily mix with 200ml whole milk	£ 27.44
Ensure Plus Milkshake Style 200ml bottle	11,200ml 56 bottles	1 bottle twice daily	£62.16
Fortijuce 200ml bottle	11,200ml 56 bottles	1 bottle twice daily	£113.12

Prices correct as of Jan 2019 MIMS