

# Reconfiguration of Midwifery-led Services Frequently asked questions

## Why is the health board proposing these changes?

There are two main reasons:-

Firstly, since its opening in 2020, many women having midwifery-led births are choosing to do so at the Grange University Hospital, rather than in our free standing birthing units in our local general hospitals.

Secondly, we have experienced ongoing difficulties in recruiting and retaining enough midwives to maintain our previous arrangements in a safe and sustainable way.

### Will I still have all types of birthing options open to me?

Yes, you will still be able to access an obstetric (doctor-led) birth, a midwifery-led birth alongside an obstetric unit, a free-standing midwifery-led birth or a home birth.

# Is there enough space in the Grange University Hospital?

Yes, our and plans have demonstrated that there is enough space in the Grange University Hospital to accommodate the proposed service arrangements

### What midwife-led birth options will I have?

You will still be able to access a free-standing midwifery-led birth at Ysbyty Ystrad Fawr and Ysbyty Aneurin Bevan or a midwifery-led birth alongside the obstetric unit at the Grange University Hospital.

#### Will I still be able to have a home birth?

Yes, you can still have your baby at home.

#### Will I still be able to have a water birth?

Yes, you can still have a water birth, we have water birth facilities available at the Grange University Hospital, Ysbyty Aneurin Bevan and Ysbyty Ystrad Fawr.

### Will my ante natal care stay the same?

Yes, all arrangements for your ante-natal care will remain the same.

# Will I still have a named midwife?

Yes, the arrangements for all women to have a named midwife overseeing their care will not change.

# What if I have any difficulties in travelling?

Should you have any concerns about travelling to your chosen place of birth, please speak to your named midwife for advice and guidance.