

Freedom of Information Request	FOI 21-304	3 rd August 2021

Can you please provide the following information under the Freedom of Information Act 2000. This query relates to menopause services.

- 1. Are you, as the local Health Board, responsible for commissioning all services related to diagnosis and treatment of menopause in your area? If not, then can you please provide details of who does commission menopause services in your area? Yes.
- 2. What services for diagnosis and treatment of menopause are available in your area? This could include specialist menopause primary health care providers within GP surgeries or in local hospitals or specialist clinics.

Menopause diagnosis and care are provided by secondary (Gynaecology) and tertiary level services (Specialist Community Menopause Clinic) within the Health Board. The Specialist Community Menopause Service is provided by a Consultant and an Advanced Nurse Practitioner.

There are no specialist Primary Care services commissioned via GP practices.

3. Is there a waiting list for specialist menopause services in your area and if so, how long for?

Within the Specialist Menopause Service, the current wait for a new patient appointment is up to 19 weeks.

4. Have any services related to diagnosis and treatment of menopause been closed in your area? If yes, can you provide details of what that service was and when it closed please?

No services related to diagnosis and treatment of menopause have been closed.

5. Does the Health Board have plans to open any new menopause services? If yes please provide details.

Yes, the Health Board is hoping to provide a Cognitive Behavioural Therapy service to help women with menopausal symptoms.