

**In accordance with the freedom of information act please could you answer the following questions -**

**Are you currently using any digital tools to support patients in the following departments -**

- **MSK (Musculoskeletal)**
- **Womens Pelvic Health**

**If yes, which digital tools are you using?**

**If no, do you have future plans to use digital tools for MSK and Womens Pelvic Health?**

Yes. Our Physiotherapy team uses the following digital tools to support the access and appointment booking processes for its MSK and Pelvic Health services:

- DrDoctor
- Clinical Workstation (CWS)
- Myrddin
- Electronic request for Help/self-referral access in MSK/Pelvic Health
- The use of Start MSK for triage decisions
- Attend Anywhere

Digital tools are also used to signpost to:

- Move Better Gwent
- Versus Arthritis
- Chartered Society of Physiotherapy resources
- Pelvic Obstetric and Gynaecological Physiotherapy (POGP) website
- Pelvic Health ABUHB website
- Squeezy app
- Confidence app
- YouTube Videos

Other digital tools used as part of the service include:

- Good Boost that makes use of tablets to support self-management exercise programmes.
- Exorlive which provides bespoke exercise plans for patients.