

Freedom of Information Request	FOI 21-021	17 th February 2021
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1. Between 2018 and 2021 what percent of those referred to your eating disorder service are refused access? (adult and children)

None were refused access during the period

2. Between 2018 and 2021 what level of severity of illness are you commissioned to treat in eating disorder services for adults and children? E.g. can treat severe eating disorders, not very severe/moderate

The Health Board provides eating disorder services in Primary, Secondary and Tertiary care for adults. All adults who present with an eating disorder in any of the three tiers will receive treatment appropriate to their presentation and level of complexity. The range of severity varies from mild, moderate, severe to life threatening.

3. Between 2018 and 2021 was your admission policy for children's eating disorder services based on a patient's BMI, or other factors (such as amount of purging? Their demographic)?

The Health Board's admissions policy for 2018-2021 is based on Junior MARSIPAN Guidelines (CR168) which includes 12 risk domains, (6 physical and 6 psychological) including % BMI and weight loss, physical wellbeing, hydration, dietary input / rules, relationships within the family, meal compliance as well as other risk factors.

4. Between 2018 and 2021 was your admission policy for adult's eating disorder services based on a patient's BMI, or other factors (such as amount of purging? Their demographic)?

Admission to eating disorders services is based on a number of criteria including but not exclusively: BMI, physical health, co-morbidity, primary diagnosis, level of risk to self and others, family and community support, age, length of time that they have had an eating disorder, rate of weight loss, compensatory behaviours and functionality of eating disorder amongst other factors.

5. Currently how long is your waiting list (priority and normal) for adult patients to access eating disorder treatment? (as of September 2020-Jan 2021)

Whilst there isn't a waiting list at tertiary level, primary and secondary care may have a waiting time for assessment and treatment.

We are unable to provide data for waiting lists for primary and secondary care as this varies with each Community Mental Health Team. Specific Emergency Department data is not currently collated within these services as they support individuals with a range of presentations. However, waits of between 4-10 weeks are not unknown to access a Tier 2 assessment.

6. Currently how long is your waiting list (priority and normal) for children patients to access eating disorder treatment? (as of September 2020 - Jan 2021)

There is no waiting list. All young people referred to the service were assessed within 4-weeks or sooner if the risk indicated an urgent/emergency response.

7. In your trust how many people have made appointments at CAMHS in the last 8 weeks to discuss an eating disorder?

For the 8-week period between 16th November 2020 and 7th January 2021 the Health Board has provided 32 assessments.

8. In your trust how many people have made appointments for adult services in the last 8 weeks to discuss an eating disorder?

In the 8-week period between 16th November 2020 and 7th January 2021 there were a total of 294 appointments made (adults aged 18-64) and of these 273 attended

9. Between 2018 and 2021 what was your rate of relapse for CAMHS eating disorder services i.e. what percentage of your patients who are discharged from treatment return and are readmitted?

The relapse rate is 0%. The Health Board has had zero (Nil) CAMHS eating disorder patients readmitted following discharge from treatment.

10. Between 2018 and 2021 what was your rate of relapse for adult eating disorder services i.e. what percentage of your patients who are discharged from treatment return and are readmitted?

Less than 5% of adults discharged from the Tier 3 Specialist Eating Disorder Service were re-referred to the service.

As described in Q5 we are unfortunately unable to provide data for re-referrals to Tier 1 or 2 services.

11. Between 2018 and 2021 what percentage of your patients who access treatment for adult eating disorder services are male?

7.8% of those referred to adult eating disorder services between 1st January 2018 and 11th January 2021 were male

12. Between 2018 and 2021 what percentage of your patients who access treatment for CAMHS eating disorder services are male?

15% of those referred were male.