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Bwrdd Iechyd Prifysgol
Aneurin Bevan
University Health Board

Our ref: **FOI 24-204**

Your request

You requested the following:

1. Is the Trust commissioned to provide a service for patients **assessed as meeting diagnostic criteria for Binge Eating Disorder (BED)**?

1. For under 18s
2. For 18+ year olds

2. Does the Trust provide any kind of treatment for patients **assessed as meeting diagnostic criteria for Binge Eating Disorder (BED)** or signpost them to services provided by other organisations?

1. For under 18s
2. For 18+ year olds

3. If applicable, please outline the services that the Trust provides for patients **assessed as meeting diagnostic criteria for Binge Eating Disorder (BED)**, including:

a) the **types of treatment** that the Trust provides **specifically for Binge Eating Disorder (BED)** (e.g., binge eating disorder-focused guided self-help, group eating disorder-focused CBT [group CBT-ED], individual eating disorder-focused CBT [individual CBT-ED]) and,

b) **how these are provided** (i.e., by eating disorder service/s, Improving Access to Psychological Therapies (IAPT) service/s, other primary care-based mental health services, Weight management services or otherwise).

In the case of self-help, please specify whether this is guided or unguided.

4. If applicable, please describe any **service restrictions/eligibility criteria** around accessing treatment **specifically for Binge Eating Disorder (BED)** (e.g. age, weight/BMI, comorbidity, severity etc). *If the Trust provides more than one relevant service, please list answers separately against each.*

Our Response

I have decided that the information requested is exempt from disclosure under section 21 of the Freedom of Information Act because the information is already in the public domain and is

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Rydym yn croesawu gohebiaeth yn Gymraeg a byddwn yn ymateb yn Gymraeg heb oedi.
Bwrdd Iechyd Prifysgol Aneurin Bevan yw enw gweithredol Bwrdd Iechyd Lleol Prifysgol Aneurin Bevan.

Dyfodol Clinigol
Clinical Futures

Aneurin Bevan University Health Board
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We welcome correspondence in Welsh and we will respond in Welsh without delay.
Aneurin Bevan University Health Board is the operational name of Aneurin Bevan University Local Health Board.

reasonably accessible by other means. I attach the following link which will help you find the information you are looking for:

<https://abuhb.nhs.wales/files/freedom-of-information/october-2023/foi-23-504-binge-eating-disorder-bed-pdf/>