

Freedom of Information Request	FOI 20-436	19 th January 2021
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Please provide the figures for the number of children and young people who were referred to CAMHS but who didn't reach the threshold for requiring access to CAMHS, for 2018/19 and 2019/20

	2018/19	2019/20
Number of children	Zero All children referred to S-CAMHS are accepted from the Single Point of Access for Children's Emotional Wellbeing (SPACE-Wellbeing)	Zero All children referred to S-CAMHS are accepted from the Single Point of Access for Children's Emotional Wellbeing (SPACE-Wellbeing)

For the 2018 - 2020 period, access to non-emergency CAMHS (both PCMHSS and Specialist CAMHS) is through the Single Point of Access for Children's Emotional wellbeing (SPACE-wellbeing) process. This is a multi-agency process through which a range of services who support children's mental health and emotional wellbeing and provide early help, is accessed. The focus of SPACE-Wellbeing panel discussions is not on whether or not children reach thresholds but about the most appropriate service/s to meet a child or family's needs. All children referred were offered support except where panels identified that appropriate services were already involved.

Please provide the figures for the number of children and young people who waited up to 28 days before accessing CAMHS from the point of referral, and the number of children and young people who waited over 28 days before accessing CAMHS from the point of referral, from January 2020 to present.

	Jan '20	Feb '20	Mar '20	Apr '20	May '20	Jun '20	Jul '20	Aug '20	Sep '20	Oct '20	Nov '20	Dec '20
Number of children who waited up to 28 days	75	82	102	62	59	55	83	50	41	75	99	N/A
Number of children who waited over 28 days	13	0	3	2	0	9	1	3	2	4	0	N/A

Figures are available from the middle of the following end of month. December figures will not be accessible until mid-January 2021.

Please provide information on the number of sub-threshold emotional wellbeing services for children and young people that currently exist in your local health board area, as well as who commissions these services.

- **How many sub-threshold emotional health and well-being services do you have in your local area?**
- **Who commissions these services?**

▪ **How many young people are these services commissioned to support? [please provide a breakdown of each service]**

A number of different services are available in the South East Wales region that support children’s mental health and emotional wellbeing. The term ‘sub-threshold’ is not explicit as some of these services support children and young people who would meet thresholds for our S-CAMHS services (especially our LPMHSS) and/or who have highly severe and complex needs that do not ‘map on’ to diagnostic access thresholds, but these services offer an approach which we believe to be more suited to meeting their needs. Many of these services are commissioned by our partner Local Authorities, and some are independent Third Sector organisations each would need to be contacted directly for full information

ABUHB commissions the following services to support children’s mental health and emotional wellbeing:

- The Family Intervention Team (FIT), providing psychological formulation-based family interventions where a child or young person has emerging mental health or behavioural difficulties for which a family-based approach appears likely to be effective. FIT was commissioned to deliver an intensive family intervention to 260 families per year across the ABUHB region for 2019/20. This was the first year of full regional delivery of the service, and owing to initial start-up issues, numbers of families seen was below their objectives. For 2018/19, FIT was operational only in one Local Authority, where it was commissioned to deliver 130 family interventions
- Platform 4YP, provides peer support groups, self-management training and one-to-one support often focused on supporting young people around transitions. Platform 4YP’s objectives are as detailed below and 2019/20 was the first delivery year for this service, and owing to initial start-up issues, numbers of young people seen was below their targets:
 - 2019/20 – 1,000 young people will receive support
 - Peer support – 120
 - Self-Management Training – 800
 - Transitions Support – 80
 - Please provide the figures for the number of children and young people who accessed sub-threshold emotional wellbeing services in your local health board area for the years 2018/19 and 2019/20.

	2018/19	2019/20
Number of children	125	69 up to November 2020

Please provide figures for the number of children and young people with mild to moderate needs seen by the Local Primary Mental Health Support Service in your health board area, for 2018/19 and 2019/20.

	2018/19	2019/20
Number of children	1650	1287

Please provide figures for the number of children signposted or referred to low-level services as a result of seeing the Local Primary Mental Health Support Service in your health board area, for 2018/19 and 2019/20.

	2018/19	2019/20
Number of children	476	178

Note: We define 'sub-threshold services' as services that children and young people can access if they present with an issue that does not require clinical support, such as that provided by CAMHS, and that can be accessed in a community setting.