

Freedom of Information Request	FOI 21-532	13 th January 2022
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1. Please provide a breakdown from the last 3 years - 2019 - present, (in calendar years not fiscal):

- After the first initial talking therapy session/mental health assessment how many patients waited more than the nationally set waiting time target of 26 weeks to begin their recommended psychological/talking therapy as determined by the initial assessment?

Should services be broken down into counties/divisions please provide a breakdown of this information.

- And of those, how many waited (Should services be broken down into counties/divisions please provide a breakdown of this information.)

:: more than 6 months

:: more than 9 months

:: more than 12 months

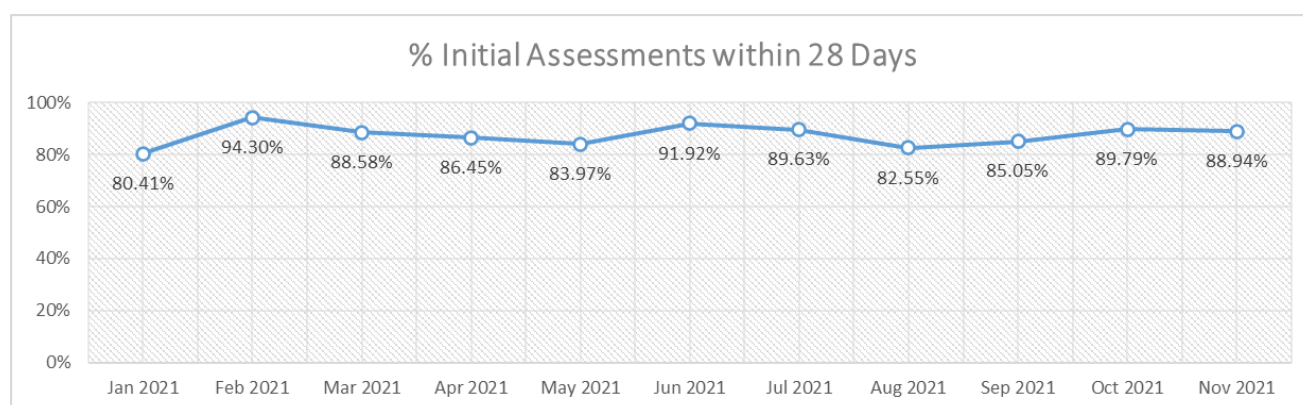
The following table provides a breakdown of patients waiting between referral and Initial Intervention (target 80% within 26 weeks): * Please note the N/A in relation to 2021 patients - there will be patients who have not yet reached the twelve month wait to analyse the full year data.

GROUP	Number of those waited longer than 26 weeks			Number of those waited longer than six months			Number of those waited longer than nine months			Number of those waited longer than twelve months		
	2019	2020	2021	2019	2020	2021	2019	2020	2021	2019	2020	2021
CAMHS Psychology	<5*	12	N/A	<5*	12	N/A	<5*	<5*	N/A	<5*	<5*	N/A
ADULT Psychology	340	204	33	338	203	32	240	115	6	164	66	N/A
OLDER ADULT Psychology	78	82	11	76	79	10	32	32	N/A	15	11	N/A

*The Health Board has sought to respond to your request in full; however, due to the small numbers involved, we are unable to provide actual numbers in relation to the patients waiting as the potential risk of identifying patients becomes significant. Please note that where the numbers are fewer than 5 this has been provided as <5 individuals. We are withholding the detail under Section 40(2) of the Freedom of Information Act 2000. This information is protected by the Data Protection Act 1998, as its disclosure would constitute unfair and unlawful processing and would be contrary to the principles and Schedules 2 and 3 of the Act. This exemption is absolute and therefore there is no requirement to apply the public interest test.

The following table provides a breakdown of PCMHSS patients waiting between Referral and Initial Assessment (target 80% of those within 28 days), and those waiting between the Initial Assessment and Initial Intervention appointment (target 80% of those within 28 days): * Please note the N/A in relation to 2021 patients - there will be patients who have not yet reached the twelve month wait to analyse the full year data.

GROUP	Number of those waited longer than 28 days			Number of those waited longer than six months			Number of those waited longer than nine months			Number of those waited longer than twelve months		
	2019	2020	2021	2019	2020	2021	2019	2020	2021	2019	2020	2021
PCMHSS Psychology - Referral to Initial Assessment Psychology	5547	2684	3271	128	31	13	103	23	<5	87	16	N/A
PCMHSS Psychology - Initial Assessment to Initial Intervention	2565	1607	1501	462	199	56	347	135	15	252	96	N/A



In relation to the Primary Care Mental Health Services (PCMHSS), the Health Board has consistently met the target of 80% plus of patient referrals receiving an assessment have been seen within 28 days over the past 3 years.

In regards to waiting list management for those awaiting first therapy contact. We have a cohort of patients that through circumstances have requested to wait for their intervention work. Where this has happened, and where there have peaks and troughs in demand on our service, any patient waiting has been sent a 3 monthly letter assuring them that they remain with the service and that they will be contacted when capacity allows. Some patients, particularly during the pandemic period have elected to wait longer. This has been for a variety of reasons, that include for example, wanting face to face therapy but not wanting to engage at a particular time.