

Freedom of Information Request	FOI 21-533	13 <sup>th</sup> January 2022
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**1. What is the current waiting list for \*Mental Health treatment for adults (from 18 upwards) at your Health Board? (Should this be broken down into divisions/counties please provide the waiting list for each division/county.)**

***(\*All psychological and talking therapies (be that CBT, Behavioural, Psychoanalytical/Psychodynamic, etc) offered by your Primary and Secondary Mental Health Services following the initial assessment)***

The following tables show the number of patients waiting for mental health treatment.

**Older Adult Psychology**

NCN	Patients Waiting
Caerphilly East	<5
Monmouthshire North	<5
<b>Grand Total</b>	<b>&lt;5*</b>

\*\*The Health Board has sought to respond to your request in full; however, due to the small numbers involved, we are unable to provide actual numbers in relation to the patients waiting as the potential risk of identifying patients becomes significant. Please note that where the numbers are fewer than 5 this has been provided as <5 individuals. We are withholding the detail under Section 40(2) of the Freedom of Information Act 2000. This information is protected by the Data Protection Act 1998, as its disclosure would constitute unfair and unlawful processing and would be contrary to the principles and Schedules 2 and 3 of the Act. This exemption is absolute and therefore there is no requirement to apply the public interest test.

**Adult Psychology**

NCN	Patients Waiting
Blaenau Gwent East	15
Blaenau Gwent West	24
Caerphilly East	77
Caerphilly North	115
Caerphilly South	78
Monmouthshire North	30
Monmouthshire South	23
Newport East	38
Newport North	<5
Newport West	93
South Powys*	<5

South Taf Ely*	<5
Torfaen North	12
Torfaen South	11
(blank)	<5
<b>Grand Total</b>	<b>525</b>

\*Based on patients registered GP surgery

## Primary Care Mental Health Services (PCMHSS)

NCN	Patients Waiting
Primary Care Service Blaenau Gwent	
Primary Care Service Caerphilly	
Primary Care Service Monmouth	132
Primary Care Service Newport	263
Primary Care Service Torfaen	110
	91
	81
<b>Grand Total</b>	<b>677</b>

Please note these are patients waiting that have already been assessed as requiring Mental Health Treatment. There are other patients not included in the tables above that are waiting for an assessment, one of the outcomes of the assessment will be to determine if the individual does require and wish to access a mental health treatment as defined in your request.

## 2. What is the current average waiting time to be seen by a Psychologist/Therapist in your Health Board? Should services be broken down into counties/divisions please provide a breakdown of the average waiting time in each county/division.

The data below provides information on average wait from referral to initial contact with the Psychologist/Therapist.

### Older Adult Psychology:

Current total average (November 2021 final submission) waiting time is 8 weeks.

NCN	Average Wait in Weeks
Blaenau Gwent West	4
Caerphilly East	4
Caerphilly North	11
Caerphilly South	9
Monmouthshire North	11
Monmouthshire South	7
Newport East	7
Newport West	6
Torfaen North	14

Torfaen South	14
Blaenau Gwent East	2
<b>Grand Total</b>	<b>8</b>

### **Adult Psychology:**

Current total average (November 2021 final submission) waiting time is 21 weeks.

<b>NCN</b>	<b>Average Wait in Weeks</b>
Blaenau Gwent East	19
Blaenau Gwent West	16
Caerphilly East	18
Caerphilly North	18
Caerphilly South	18
Monmouthshire North	33
Monmouthshire South	13
Newport East	16
Newport North	78
Newport West	20
South Powys*	30
South Taf Ely*	34
Torfaen North	29
Torfaen South	33
(blank)	45
<b>Grand Total</b>	<b>21</b>

\*Based on patients registered GP surgery

### **Primary Care Mental Health Services:**

Current total average waiting time is 6 weeks.

<b>Team</b>	<b>Average of Wait in Weeks</b>
Primary Care Service Blaenau Gwent	8
Primary Care Service Caerphilly	6
Primary Care Service Monmouth	6
Primary Care Service Newport	5
Primary Care Service Torfaen	4
<b>Grand Total</b>	<b>6</b>

### **3. What is the longest length of time an individual patient has waited for \*mental health treatment in the past three years?**

This is the longest an individual patient has waited, based on referral date to Initial Intervention.

Service	2019 - 2021
PCMHSS	1055 Days Max (Avg 71 Days)
Adult Psychology	1035 Max (211 Avg)
Older Adult Psychology	701 Max (110 Avg)

Please note for the purposes of context in each cell we have provided the average waiting time. The maximum wait of one individual patient is not indicative of the overall waiting times. There are patients that will decline treatment, choose to await treatment in a nearer team and delay accessing for personal reasons. These remain on the waiting list, and therefore the maximum time one individual patient may have waited is influenced by many factors, often individual choice/circumstance and not service availability.

**Further information regarding the PCMHSS Waiting List Management Information is provided below:**

Consistently over the last 3 years we have met the target of 80% plus of patient referrals receiving an assessment have been seen within 28 days.

In regards to waiting list management for those awaiting first therapy contact. We have a cohort of patients that for specific reasons have requested to wait for their intervention work. Where this has happened, and where there have peaks and troughs in demand on our service, any patient waiting has been sent a 3 monthly letter assuring them that they remain with the service and that they will be contacted when capacity allows. Some patients, particularly during the pandemic period have elected to wait longer. This has been for a variety of reasons that include for example, wanting face to face therapy but not wanting to engage at a particular time.