

Freedom of Information Request	FOI 22-377	8 th September 2022
--------------------------------	------------	--------------------------------

Please could you provide me with the following information in relation to restrictive practice within mental health inpatient settings:

1. **Do you record each of the following pieces of information about uses of restrictive practice (please provide an answer for each item individually):**

The information below is taken from RLDatix, the electronic incident recording system used by Health Boards across Wales and focusses on use of restraint within in-patient units:

- a. **The type of restrictive practice used (e.g. physical, mechanical or chemical restraint, or the isolation of a patient);**
The following types of restrictive practice are recorded on the system:
Physical
Mechanical
Chemical
Environment
Segregation
Seclusion
Coercion
- b. **If physical restraint was used, was the individual restrained in a prone or supine position,**
At present, the options available on the system do not allow the Health Board to record whether a person is restrained in prone or supine position. However, it would be expected that this information would be added in free text area as part of the incident recording
- c. **The reason(s) for the use of restrictive practice;**
The electronic form records whether the reason for the intervention was due to risk of harm to the person or risk of harm to others
- d. **Where (e.g. which ward) and when the restrictive practice was used;**
Location is a required field.
- e. **The length of the restrictive practice;**
The form requires that the time the restraint began and concluded is logged, thus the time in restraint is then calculated.
- f. **The known impact on the individual, including any injuries, and any risks to their physical or mental wellbeing;**
Fields on the electronic form include this information. It would also be expected for this information to be expanded upon in the free text

- g. **The protected characteristics of the individual, including age, gender, sex, disability, broken down by impairment type, and ethnicity);**

Not all this information is routinely captured via Datix, but is captured as part of clinical recording (now WCCIS) so can be cross-referenced. Some information may be captured in the free text

- h. **The outcome of any incident review, including any measures that will be taken to avoid or minimise restrictive practices and the risk of harm in future;**

The outcome is discussed with the Line Manager (usually ward manager or their delegate) and will also be discussed as part of ongoing clinical review. This will include discussions about antecedents to the event and any information that will inform ongoing care planning. Depending on the incident, presentation over time and other factors, it may be that a member of the Health Board's Health & Safety team and/or member of the Positive Management of Violence and Aggression (PMVA) training team will also be involved to provide advice and guidance.

- i. **The individual's involvement in the review;**

Information regarding the individual being involved in the review would be recorded as part of the person's clinical record as opposed to on the electronic incident form.

- j. **A record to confirm that the relevant family members and carers have been informed and when this happened**

Information regarding discussion with relevant family members and carers may be recorded in free text on the electronic incident form, but would also be recorded in the person's clinical record.

and if so, in what systems you record each of these pieces of information (for example: paper-based patient records, electronic patient records, incident reporting systems like Datix or the Once-for-Wales Concern Management System, ward-level spreadsheets)?

As per Q1a use of restraint is recorded as an incident using the RL Datix system. Some information will also be included in the individuals clinical notes. The Health Board started using WCCIS as the primary clinical record for Mental Health in August 2022.

2. What reports do you routinely produce about the use of restrictive practices in mental health inpatient settings and what information do these reports include?

A monthly report is produced by the PMVA training team for the Mental Health & Learning Disability division outlining use of restraint per ward and directorate. The report includes counts of uses of restrictive practice, counts of patients subjected to restrictive practice and highlights the type of restraint used.