

As you are a patient under our care with Sleep Apnoea, we are sending you this Guidance information leaflet regarding coronavirus (COVID-19) and Obstructive Sleep Apnoea.

You should follow the Government's advice re: COVID – 19.

<https://gov.wales/coronavirus>

<https://phw.nhs.wales/topics/latest-information-on-novel-coronavirus-covid-19/>

If you have a Carer or Support Worker who support you with your everyday needs and/or are regularly being visited by a Health Care Professional it is a good idea to speak to them and make a plan about what would happen if you or them become unwell.

If you have any queries with regards to your CPAP device, please contact us on the above telephone number.

If you are not using your CPAP machine I would be grateful if you could return it to Nevill Hall Hospital (Main Reception) so that it can be utilised on the Wards.