

Freedom of Information Request	FOI 21-081	5 th March 2021
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What regular community health services are offered and who conducts them (not names) but roles.

The community Health Services managed by the Therapies directorate are below. This will not include services that are delivered in community by local authority colleagues.

Occupational Therapy

There are no local community health clinics delivered by OT.

Physiotherapy

Musculoskeletal out-patient physiotherapy services run out of 8 in-hospital departments and a variety of GP practices across the health board provided by a mixture of qualified physiotherapists and clinical support staff.

Pelvic Health out-patient physiotherapy services run out of 5 in-hospital departments provided by qualified physiotherapists.

Neurology out-patient physiotherapy services run out of 6 in-hospital departments provided by a mixture of qualified physiotherapists and clinical support staff as required.

Respiratory out-patient physiotherapy services run out of 2 in-hospital departments provided by specialist qualified physiotherapists.

Respiratory domiciliary physiotherapy service is managed centrally within physiotherapy and a health board wide domiciliary service is provided by specialist qualified physiotherapists.

We have specialist physiotherapists and clinical support staff contributing to the delivery of pulmonary and cardiac rehabilitation across a variety of settings but these are not directly managed by physiotherapy.

Nutrition and Dietetics

The community team provides a diverse range of nutrition and dietetics services, with a focus on prevention and self-management of a range of chronic conditions, and malnutrition in vulnerable older people in a range of settings.

Services are Gwent wide and cover a population of 600,000. The small team has developed partnership working with 5 local authority areas (Newport, Torfaen, Caerphilly, Blaenau Gwent and Monmouth) as well as third sector agencies and is developing further relationships with the NCN's and primary care going forward.

Staffing includes dietetic manager, a mix of senior dietitians, Band 5 rotation dietitians and dietetic assistant practitioners.

Services provided include:

Primary care - Community clinics (35-40 per month) - the service receives referral from GP's and the primary care team, and hospital dietitians for dietary assessment and management of a range of conditions. Patients are usually seen in community based venues such as some GP surgeries and community hospitals, but these are now being delivered virtually either by AA or telephone. Also involved in the structured diabetes education service with Diabetes specialist nurses to deliver Xpert and DAS (diabetes awareness session) for people with Type 2 Diabetes across Gwent, again virtually delivered at present.

Public Health Dietetics – the small team deliver the accredited All Wales Nutrition Skills for Life training programme to community and third sector partners. The programme aims to support a wide range of community workers, across health, social care and third sector organisations to promote healthy eating and deliver community food initiatives within their work.

Community Nutrition support – an established service with a small team of dietitians providing nutrition support for care homes and vulnerable individuals at home. This involves training the care home staff to undertake nutritional screening and 'Food First' approaches to prevent malnutrition in their residents and receive referrals where appropriate for dietetic intervention.

Community hospital services – the community nutrition support service also covers Ysbyty Aneurin Bevan, County hospital, Chepstow, Monnow Vale and Redwood

Home Enteral Feeding Team (adults) - provides a community dietetic service across Gwent, to support approximately 250 adults receiving home enteral tube feeding and manages their long term nutritional care.

The paediatric community team provides a limited service to children on a home enteral feed.

Three dietitians are employed in delivery of this service, their roles also include provision of general paediatric dietetic outpatient clinics that due to the COVID 19 Pandemic currently occur via telephone or video call.

Mental Health/Learning Disability – two dietitians provide this service but the lead suggests they would not be called 'Community' as they provide service for Tier 2 MH and LD – so maybe it would not be included?

Previous services would include:

- Home visits, clinics, day centre visits, group sessions, attending MDTs and CLDT meetings, providing support for carers for learning disabilities.
- Clinics, MDT and ward cover for mental health and older adult mental health.

Current services include:

- Phone support for clients, family, carers and CLDT staff, Teams appointments for clients and Teams MDTs and CLDT meetings.
- Phone or Teams clinics for CMHT and Tier 3 eating disorder clients, Teams MDTs and meetings for mental health and Tier 3 eating disorder service

Podiatry and Orthotics

Podiatry and Orthotics Services are provided across Gwent in outpatient clinic settings and also in patient's homes. These services are delivered by qualified registered podiatrists and orthoptists and also Podiatry Foot Care Assistant Practitioners.

Speech and Language Therapy

Children's outpatient services provide face to face and video consultations for communication and dysphagia. Services are provided from 23 community clinics and 3 children's centres across Gwent and provide in reach into educational setting e.g. schools and child care and home environment when clinically appropriate.

Adult's outpatient services provide face to face and video consultations from hospital sites for communication and dysphagia. Adult SLT services now have a 'request for help' open access telephone line for immediate access to SLT advice.

All community services are provided by a workforce skill mix of registered SLT (Band 5 to Band 8a) and SLT health care support workers.

Podiatry and Orthotics

Community Neuro Rehabilitation Service (CNRS)

The Community Neuro Rehab service in ABUHB provides the following services

Early Supported Stroke Discharge: people are supported to go home from hospital following a stroke to have rehabilitation at home once they are medically stable. The service supports people for up to 12 weeks after discharge from hospital and is delivered by the following staff groups: Occupational Therapy, Dietician, Speech and Language Therapy, Psychology and Physiotherapy, interventions are supported by Band 4 Therapy Assistant Practitioners and the service has admin support

Acquired Brain Injury: people with acquired brain injury [through Trauma, hypoxia, infection, cancer, surgery, vascular onset] are supported following discharge from hospital or at home if no admission has happened. The service works to resettle people and to assist them to rebuild their lives and live well after brain injury. Occupational Therapy, Dietician, Speech and Language Therapy, Psychology and Physiotherapy, interventions are supported by Band 4 Therapy Assistant Practitioners and the service has admin support

Psychology: Life after Stroke Service: people who have ongoing psychological issues following stroke are supported with assessment, intervention and support from clinical psychologists and assistant psychologist

Adult Weight Management Services

1:1 dietetic intervention

pan Gwent pre Covid, currently virtual

Dietitian

Provides tailored nutrition support for up to 8 sessions.

1:1 Counselling intervention

pan Gwent pre Covid, currently virtual

Counsellor

Provides tailored counselling support for patients who identify as “emotional eaters” up to 8 sessions provided.

Tier 3 MDT clinic

Ebbw vale & Courthouse medical centre pre covid, currently virtual

Consultant physician, Dietitian, Psychologist, Support worker, Nurse.

For patients with BMI over 40, 2 or more comorbidities/complex medical history.

MDT approach which incorporates medication review, assessment & referral for bariatric surgery, nutrition support & psychological therapy for patients with history of trauma. Regular support offered for up to 2 years.

Nutrition group – pan Gwent pre Covid, currently virtual

Dietitian & support worker

6 weeks nutrition skills group for 12 patients which covers meal planning, portion control, calorie counting and understanding food labels.

Emotional eating group

pan Gwent pre Covid, currently virtual

Counsellor & support worker (cover provided by psychologist)

6 weeks counselling skills group for 12 patients per group understanding the links with emotions and emotional eating and self-management skills.

Meal replacement group

Ebbw vale & Courthouse medical centre pre Covid, currently virtual –

Dietitian & support worker

20 week group for 12 patients per group who want to start meal replacements to manage their weight.

DBT group

Ebbw vale & Courthouse medical centre pre-covid, currently not running due to staff shortages but plans to restart when at full staff capacity

Psychologist & assistant practitioner

12 week group for 12 patients which covers Mindfulness, Interpersonal Effectiveness, Emotional Regulation, Distress Tolerance.

Children's Weight Management Service

(Tier 3 MDT service only)

1:1 dietetic intervention

Pan Gwent in community venues, schools and home pre covid, currently virtual

Dietitian

Provides tailored nutrition support for families.

1:1 Psychology intervention

Pan Gwent in community venues, schools and home, currently virtual

Psychologist

Provides tailored psychological therapy for families to help with a range of emotional, behavioural and developmental challenges or concerns.

1:1 Paediatrician intervention

Pan Gwent pre covid, currently virtual

Consultant paediatrician

Assess for comorbidities and determines if there is an underlying aetiology including genetic for weight gain.

Healthy Weight Healthy families group

Pan Gwent pre covid, currently virtual

Nurse & support worker

6 week group for 6 family's which cover nutrition skills

1:1 Nurse Intervention

Pan Gwent pre covid, currently virtual

Nurse

Carry's out investigations as directed by the Paediatrician & supports families in maintaining a healthy weight and lifestyle.

1:1 Support worker clinic

Pan Gwent pre covid, currently virtual

Support worker

Engagement clinic & supports families in maintaining a healthy weight and lifestyle.

Child Psychology

Gwent Attachment Service – pan Gwent – clinical and assistant psychologists

Gwent Community Psychology – pan Gwent – clinical and assistant psychologists, and systemic practitioners.

SCAMHS – pan Gwent – Clinical psychologists.

Child Development Advisory Service (Portage) home visits pan Gwent – Child development advisors.

Helping Hands – from 3 children centres – Clinical psychologists and assistant psychologists.

Family Intervention team – North and South Gwent – Clinical psychologists and family support workers.

Intensive Positive Behaviour Support Service – Newport - Clinical psychologists and assistants.

My Support Team – pan Gwent – Clinical psychologists and support workers.

BASE –Monmouthshire - Clinical Psychologists

How many community health workers are employed in the area?

Job Role	Additional Clinical Services (Heads)	Nursing and Midwifery Registered (Heads)	Grand Total (Heads)
Community Nurse		548	548
Community Practitioner		270	270
Health Care Support Worker	375		375
Grand Total	375	818	1193

The workforce data includes staff who work in Continuing Health Care, District Nursing, Health Visiting, School Health Nursing and Community Midwives.