



Universal Services

Available at Every Stage

Accessible to children, young people and their families via school Hwbs, GP practices, Post-Covid Recovery for Children.

Primary Care Services

Supported Self-management

Top Tips, Online Recorded Groups, Workbooks

Digital Assets

Post-Covid Recovery for Children, COVID Recovery, Healthier Together, Paediatric Psychology, Long Covid Kids, Melo, Young Minds

Stage 1

Universal Services

Professionals utilise universal services and advise to consult with GP if concerned and/or symptoms have not resolved within 4 weeks.

Stage 2

Targeted Services

Patient would benefit from an inperson assessment with additional investigations prior to a decision for a referral to the RFI services being made.

Patients already under a secondary care paediatrician can refer directly to RFI services.

Stage 3

Complex Services - Specialist RFI

A specialist intervention service for CYP and their families coping with Long Covid Syndrome. The RFI service has close connections with GPs and secondary care to support universal and targeted services to ensure that children receive the right care in a timely manner to meet their needs, close to their homes and communities.

Stage 4

Pathway Exit to Follow on Services

Children and young people's needs may need to managed collaboratively between RFI and follow on services.

Recovering from Illness Child & Young Person Pathway

Over-medicalisation should be avoided where no benefit to CYP

Identification of Symptoms Consistent with Post-COVID

Professionals to sign-post parents to resources and advise to consult with GP if concerned.



Education Providers

ALENCO, School Nurse
Educational Psychologists



Community Providers/ Services (e.g CAMHS, AHP's)



Emergency Departments (incl CEAU)

Family report symptoms

Primary Care – GP

Conduct initial assessment and tests. Identify red flags, alternative causes. Determine suitability for universal services vs secondary care.

Secondary Care Paediatrics

Consultant Connect

Discussion via email/phone to support triage and offer guidance regarding clinical management.

and/or

Referral to Outpatients

Patient assessment, screening bloods, exclude conditions within general paediatrics

RFI

Consultation and support GPs in decisions regarding clinical management.

Entry to Specialist RFI Service

Virtual MDT Assessment

RFI

Discuss referral, advice regarding ongoing management. Identify those children who need to be seen in the specialist MDT clinic.

Specialist MDT Clinic(s)

RFI

Assess clinical needs, develop personalised treatment plan and refer to appropriate services for further investigation, support and intervention.

Specialist Interventions

RFI

Individual interventions

- Medical investigations
- Physiotherapy
- Occupational therapy
- Paediatric psychology

Group interventions

- Energy management
- Living with illness ACT

Exit from Specialist RFI Service

RFI Referral to Follow on Services

- Therapies (Physiotherapy, Occupational Therapy, Dietetics, Paediatric Psychology)
- Specialist Rehab Services

- Digital Assets
- Supportive Self-management
- SPACE Wellbeing
- Social Services