



Universal Services

Available at Every Stage

Accessible to children, young people and their families via school Hwbs, GP practices, <u>Post-Covid Recovery for Children</u>.

Primary Care Services

Supported Self-management

Top Tips, Online Recorded Groups, Workbooks

Digital Assets

Post-Covid Recovery for Children, COVID Recovery, Healthier Together, Paediatric Psychology, Long Covid Kids, Melo, Young Minds

Stage 1

Universal Services

Professionals utilise universal services and advise to consult with GP if concerned and/or symptoms have not resolved within 4 weeks.

Stage 2

Targeted Services

Patient would benefit from an inperson assessment with additional investigations prior to a decision for a referral to the RFI services being made.

Patients already under a secondary care paediatrician can refer directly to RFI services.

Stage 3

Complex Services -Specialist RFI

A specialist intervention service for CYP and their families coping with Long Covid Syndrome. The RFI service has close connections with GPs and secondary care to support universal and targeted services to ensure that children receive the right care in a timely manner to meet their needs, close to their homes and communities.





Stage 4

Pathway Exit to Follow on Services

Children and young people's needs may need to managed collaboratively between RFI and follow on services.

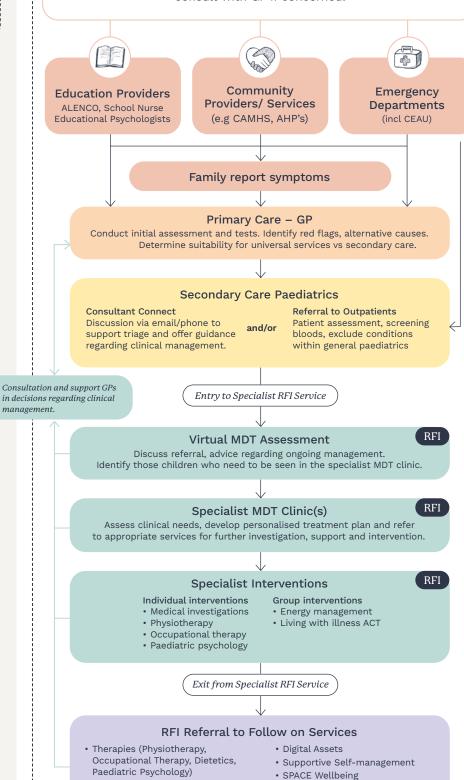


Recovering from Illness Child & Young Person Pathway

Over-medicalisation should be avoided where no benefit to CYP

Identification of Symptoms Consistent with Post-COVID

Professionals to sign-post parents to resources and advise to consult with GP if concerned.



Social Services

· Specialist Rehab Services