



Bwrdd Iechyd Prifysgol
Aneurin Bevan
University Health Board

Freedom of Information Request	FOI 21-433	1st November 2021
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Please could you provide me with the following information in relation to psychological therapies delivered by your Health Board for each month from September 2020 to September 2021 inclusive:

The number of patients who are waiting to start a psychological therapy (end of month census snapshot)

- **Patients waiting up to and including 84 days**
- **Patients waiting 85 days and over and up to and including 126 days**
- **Patients waiting 127 days and over and up to and including 182 days**
- **Patients waiting 183 days and over and up to and including 252 days**
- **Patients waiting 253 days and over and up to and including 364 days**
- **Patients waiting 365 days and over**

For clarity, this request is in relation to those patients who are waiting to start a psychological therapy, as defined as high intensity or specialist psychological therapies / interventions (as defined in Matrics Cymru). Referrals for low intensity interventions i.e. those delivered via Local Primary Mental Health Support Services (LPMHSS) are not the subject of this request.

Please find the information requested in the attached spreadsheet

Indicator		Data relating to:												
		Sep-20	Oct-20	Nov-20	Dec-20	Jan-21	Feb-21	Mar-21	Apr-21	May-21	Jun-21	Jul-21	Aug-21	Sep-21
Number of patients <u>who are waiting to start a psychological therapy</u> [end of month census snapshot]	Patients waiting up to and including 84 days (<=11 weeks)	353	373	387	356	319	337	364	325	348	417	417	434	353
	Patients waiting 85 days and over and up to and including 126 days (12-17 weeks)	148	119	133	135	155	147	110	133	113	94	94	119	113
	Patients waiting 127 days and over and up to and including 182 days (18 - 25 weeks)	89	112	123	134	130	140	162	141	98	103	92	99	102
	Patients waiting 183 days and over and up to and including 252 days (26 - 35 weeks)	157	117	94	100	118	101	105	128	114	88	67	68	75
	Patients waiting 253 days and over and up to and including 364 days (36 - 51 weeks)	118	119	131	126	113	121	117	120	98	94	86	83	72
	Patients waiting 365 days and over (>52 weeks)	79	88	94	99	100	102	127	129	121	124	105	108	111