



GIG  
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University Health Board

## Planning your Discharge from Hospital

The Day and Date Today is: \_\_\_\_\_



4 Key Questions every patient, relative or carer should know the answer to

What do you think is wrong with me? \_\_\_\_\_

What is going to happen today? \_\_\_\_\_

What needs to happen to get me home and is there anything I can do to progress these plans?  
\_\_\_\_\_

When can I go home? \_\_\_\_\_

Please ask your doctor or nurse these questions and if you want use the space above to write down the answers

Medically Fit for Discharge (MFD) \_\_\_\_\_

Definite Discharge Date (DDD) \_\_\_\_\_