



GIG
CYMRU
NHS
WALES

Bwrdd Iechyd Prifysgol
Aneurin Bevan
University Health Board

Our Ref: JP/KS

Direct Line: 01633 435958

8 November 2019

Letter sent by email MentalHealthandVulnerableGroups@gov.wales

Mental Health and Vulnerable Groups
Welsh Government
Cathays Park
Cardiff
CF10 3NQ

Dear Colleague

Re: Aneurin Bevan University Health Board's Response to 2018 Eating Disorders Review Recommendations.

I refer to the Minister's letter of 25 September requesting the Health Board to consider the Review and its recommendations. The Health Board is fully supportive of the 2018 Review's aspirations to improve services in Wales and would welcome the opportunity to be an early adopter to meet the Review's ambitious aims. The Review's focus on: reconfiguring services towards earlier intervention, working towards achieving the NICE 2018 quality standards on Eating Disorders within two years and achieving a four week waiting time across adult and child services which is ambitious, however, we believe deliverable within the Health Board.

Please find in the attached document, the Health Board's consideration of where key incremental changes could be made with appropriate resources, to ensure that longer term planning can align with the vision set out in the Review. Clinical staff in Child and Adolescent Mental Health Services (CAMHS) and Adult Mental Health Services (AMHS) have worked together to develop this response, which included a number of joint workshops.

Cont/d

Bwrdd Iechyd Prifysgol Aneurin Bevan
Pencadlys,
Ysbyty Sant Cadog
Ffordd Y Lodj
Caerllion
Casnewydd
De Cymru NP18 3XQ
Ffôn: 01633 436700
E-bost: abhb.enquiries@wales.nhs.uk

Aneurin Bevan University Health Board
Headquarters
St Cadoc's Hospital
Lodge Road
Caerleon
Newport
South Wales NP18 3XQ
Tel No: 01633 436700
Email: abhb.enquiries@wales.nhs.uk



Bwrdd Iechyd Prifysgol Aneurin Bevan yw enw gweithredol Bwrdd Iechyd Lleol Prifysgol Aneurin Bevan
Aneurin Bevan University Health Board is the operational name of Aneurin Bevan University Local Health Board

As suggested within the response, oversight from an Eating Disorders Steering Group will be established within the Health Board, involving service users, patient champions and other services in Gwent eg All Age Weight Management service. The Steering Group will continue to develop these proposals, ensuring that stakeholders are engaged at every stage as the services progress incrementally. The Health Board will have oversight and accountability of the Steering Group, which will also feed into the Regional Partnership Boards, ensuring a whole system approach to the prevention and treatment of eating disorders.

The Steering Group's aim will be to implement an all-age Eating Disorders pathway that will improve access and outcomes for Eating Disorder patients.


We have estimated the financial implications of delivery on the recommendations and implement sustainable models to meet the needs of patients within Aneurin Bevan University Health Board with Eating and this is detailed in the attached response.

The additional resources would support the creation of the capacity required to incrementally:

1. Develop an all-age single point of access for eating disorders support and intervention.
2. Address the current gaps in provision at each level of Eating Disorders service delivery in accordance with NICE guidelines.
3. Share learning, best practice and all-age model advancement at national level with other Health Boards to help address gaps in provision.

If you have any queries regarding this letter of our submission please do not hesitate to contact Claire Birchall, Director of Operations on email address Claire.Birchall@wales.nhs.uk.

Yours sincerely



Judith Paget
Chief Executive/ Prif Weithredwr

Encs