

# Dosing Guidelines Based on Weight for Adults



GIG  
CYMRU  
NHS  
WALES

Bwrdd Iechyd Prifysgol  
Aneurin Bevan  
University Health Board

## Oral Paracetamol Preparations

In response to a number of queries from nursing homes concerning the appropriate dose of paracetamol when considering residents, the suggested oral dose of paracetamol 500mg tablets are:

Resident Weight	Suggested Dosage
Over 50kg	Take ONE or TWO tablets up to four times a day when required
Between 40-50kg	Take ONE or TWO tablets up to THREE times a day when required
Under 40kg	Take ONE tablet up to four times a day when required

The Homes should ensure that all other residents who fit the weight profile and who are on paracetamol and/or medication's that contain paracetamol, such as co-codamol are identified and any remedial action taken, such as clarifying with the GP that they are satisfied with the dosing regimen.

**These are just guidelines, the principle rationale for the appropriate dose of paracetamol is one that succeeds in relieving pain.**